POWER BODY LANGUAGE
with Lisa Mitchell
Your Challenge

1. Find Another Human
2. Find Out 2 Pieces of Data:
   • What Are You Working On That You’re Excited About?
   • What is one thing that went differently than you expected?
You Are Always Giving Clues About Who You Are.

BE INTENTIONAL!
What Are Your 3 Words?
The Science Of First Impressions
The P.A.I.N. of First Impressions
Where Are You Making Your First Impression?
SHOW CONFIDENCE
BUILD TRUST
MAKE CONTACT COUNT COUNT COUNT COUNT
3 Quick Tips to Fast Tracking Your Positive First Impression
Power Body Language

with Lisa Mitchell

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