### POWERBODY LANGUAGE

with Lisa Mitchell



#### Your Challenge

- 1. Find Another Human
- 2. Find Out 2 Pieces of Data:
  - What Are You Working On That You're Excited About?
  - What is one thing that went differently than you expected?

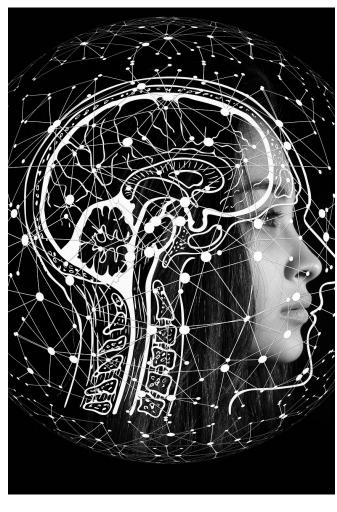


## You Are Always Giving *Clues* About Who You Are.

### BE INTENTIONAL!



# What Are Your 3 Words?



# The Science Of First Impressions

Caption



The P.A.I.N. of First Impressions

# Where Are You Making Your First Impression?

### SHOW CONFIDENCE

# BUILD TRUST

# MAKE CONTACT COUNT



### 3 Quick Tips to Fast Tracking Your Positive First Impression



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