
POWER BODY

LANGUAGE

with Lisa Mitchell



Your Challenge

1. Find Another Human
2. Find Out 2 Pieces of Data:
 - What Are You Working On That You're Excited About?
 - What is one thing that went differently than you expected?



You Are Always Giving *Clues*
About Who You Are.

BE INTENTIONAL!



What Are Your 3
Words?

Caption



The Science Of First Impressions

Caption



The P.A.I.N. of First Impressions



Where Are You
Making
Your First
Impression?

A white silhouette of a person with their arms outstretched to the sides, standing against a green background. The silhouette is centered and serves as a background for the text.

SHOW CONFIDENCE



BUILD
TRUST



MAKE
CONTACT
COUNT



3 Quick Tips to Fast Tracking Your Positive First Impression

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Louisiana Travel Summit 2021

**COME ONE
COME Y'ALL**

The Roosevelt New Orleans | August 24-26, 2021

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Caption