

SUNSHINE



MAGAZINE

LOUISIANA[®]

Feed Your Soul.

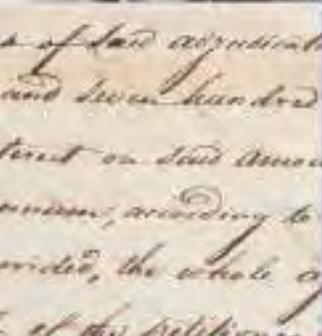




LOUISIANA
STATE
MUSEUMS

Louisiana's
history
reads like a
great work
of fiction.

**Explore
our
story!**



Monumental battles, daring aviators, powerful monarchs, great rivalries, devastating floods, celebrated artists, astonishing athletes, unique traditions, and legendary musicians—Louisiana's history is extraordinary. Discover your passion for the past at one of our nine Louisiana State Museums.

LouisianaStateMuseum.org

LOUISIANA
Feed Your Soul.

Lt. Governor ▶
Billy Nungesser



Welcome to Louisiana.

A state like no other. A place known for togetherness, celebration and happiness.

In Louisiana, we call it “*joie de vivre*” – joy of life. It’s a joy you’ll find when you two-step to Cajun music for the first time, try your first bite of crawfish, or cast a line for a bass you’ll be bragging about when you get back home. It’s a joy you’ll find in the welcoming smiles and friendly greetings you’ll receive from Louisiana locals.

Louisiana is rich with experiences that will *Feed Your Soul* and fill your heart with joy. You’ll find them down our scenic trails and byways, where you’ll find historic treasures, unique music, delicious fresh seafood and the natural beauty of Louisiana. They’re waiting at our state parks, on hiking trails and in lakeside cabins.

So come one, come y’all! Come *Feed Your Soul* with the rich culture, delicious food, beautiful scenery and world-famous hospitality you’ll find in #OnlyLouisiana. The good times and sunshine are ready when you are!

A handwritten signature in dark ink, appearing to read "Billy Nungesser". It is written in a cursive style and is located at the bottom right of the page, below the main text.



LOUISIANA
SUNSHINE MAGAZINE

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Duck Lake in St. Martin Parish

Explore the waters the Atchafalaya Basin at this lake, located north of Morgan City.

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Travel Safely

Due to circumstances related to COVID-19, please check destination and event websites or call ahead to confirm openings, closings and postponements. You can learn about the latest statewide travel guidelines by visiting LouisianaTravel.com/travel-alerts.

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Canoeing on
Lake Martin,
near Breaux Bridge

Louisiana Sunshine Magazine
The Honorable Billy Nungesser, Lieutenant Governor
Louisiana Department of Culture,
Recreation and Tourism
LouisianaTravel.com

5 Amazing Locations for **FOOD, FUN & ENTERTAINMENT.**

If you'd like your next getaway to include world-class restaurants, thrilling gaming action and incredible live entertainment, you owe it to yourself to visit one of the my**choice**[®] destinations in Louisiana.



L'Auberge[®]
CASINO RESORT
LAKE CHARLES
A my**choice** destination

L'AUBERGE CASINO RESORT LAKE CHARLES

Everyone loves a good story and this Southern Gaming and Destinations Award Winner offers an experience for everyone. The casino features over 70 table games and over 1,500 of the hottest slots. Enjoy a wide variety of dining options, including a fine dining steakhouse, authentic Asian cuisine, Cajun-inspired favorites and much more. Catch some rays at the two beautiful pools and lazy river or soak up luxury at the full-service spa and salon. Or if you prefer the sporting life, hit the links at the Tom Fazio-designed Contraband Bayou Golf Club. Choose your way to stay... an exquisite room or one of the stunning suites. Stories begin at L'Auberge Lake Charles.



L'Auberge[®]
CASINO HOTEL
BATON ROUGE
A my**choice** destination

L'AUBERGE CASINO HOTEL BATON ROUGE

Unique surprises await you at this southern Louisiana retreat designed to capture the rich culture of Baton Rouge. Featuring the latest greats and your classic favorites — 1,400 exhilarating slots grace the casino floor, combined with over 50 of the area's most exciting table games and a smoking and gaming veranda with 3,000 square feet of open air and sweeping views of the Mississippi River. Feast on eclectic cuisines and Southern comforts, featuring the all-new Red Lotus Asian Kitchen. Dine on prime cuts of beef with perfectly paired wine or take in a game while enjoying outstanding, colossal wings. Dance the night away with DJs and rock out to area bands or see top-name entertainment at the 1,500 seat Event Center. Revitalize at the AAA Four-Diamond hotel and take a dip in the unique rooftop pool. Experience thrills and sophisticated comfort at L'Auberge Baton Rouge.

G A M B L I N G P R O B L E M ?



BOOMTOWN
CASINO ★ HOTEL
BOSSIER CITY, LA
A my**choice** destination

BOOMTOWN CASINO BOSSIER CITY

Gracious service abounds, giving this popular Bossier City destination a hometown vibe. Get in on the action with three floors of gaming, including the hottest new slots, high limit slots and video poker. Visit 1800 Prime Steakhouse for quality prime beef, sensational seafood, and mouthwatering desserts. Relax in the unique Circular Bar at Sundance Cantina for a signature "Boomarita" or an icy cold brew. Stay awhile in a spacious deluxe king or deluxe double room with premium amenities like plush pillow top mattresses. Experience the heart of nonstop fun at Boomtown Bossier City.



MARGARITAVILLE
RESORT • CASINO
BOSSIER CITY, LA
A my**choice** destination

MARGARITAVILLE RESORT CASINO BOSSIER CITY

This award-winning resort offers an island-style escape featuring nonstop gaming, electrifying entertainment, four top-rated restaurants and a first-class luxury hotel. With over 1,200 of the hottest and newest slots, you'll find the very latest themes, plus the area's best table action with 50 table games, including mini-baccarat. Savor fresh-from-the-gulf seafood and perfect steaks at Jimmy's Seafood & Steak. Enjoy traditional Vietnamese and Asian favorites at Bamboo. For a casual atmosphere, stop by the Busted Coconut pool deck bar and see fantastic shows by headline entertainers at the Paradise Theater. Stay in Margaritaville's fantastic luxury hotel, featuring a beautiful tropical pool and world-class spa. You can truly escape the everyday at Margaritaville Bossier City.



BOOMTOWN
CASINO ★ HOTEL
NEW ORLEANS, LA
A my**choice** destination

BOOMTOWN CASINO NEW ORLEANS

Located just 15 minutes from the historic French Quarter in New Orleans, this "Big Easy" destination brings the fun! Get your adrenaline pumping with over 1,000 of the newest slots and video poker games and 30 of your favorite table games. Visit the much larger, enhanced non-smoking area, the all-new Lightning Link Lounge or try your luck on the electronic "Roll-to-Win" Craps game. Bayou Market on the Geaux gives your appetite a workout, featuring five stations and great Boomtown favorites, including their famous fried chicken. Sample delicious Chinese and Vietnamese specialties at Asia or swing by Bayou Market Express for a Po'Boy and a variety of New Orleans favorites. Relax and recharge at Boomtown's hotel, featuring luxuriously appointed rooms and suites. Everyone's a winner at Boomtown New Orleans.

CALL 800.522.4700.



Get to Know Louisiana

Kisatchie Longleaf Vista Interpretive Trail

Take a relaxing walk through meadows, high mesas and hardwood forests on this scenic walking trail.

History & Culture

While Louisiana became a U.S. state in 1812, its history has even deeper roots. Native Americans arrived around 4,000 years ago, creating fascinating earthworks that still stand today — most notably at Poverty Point World Heritage Site. Waves of European explorers began arriving in the 1500s, and the Spanish, French, African, Italian, French-Canadian (Acadian) and British influences survive through Louisiana's rich food and culture. Without all of these connections, Louisiana wouldn't be what it is today!

Getting Here

Louisiana is easily reached by Interstates 10, 12, 20, 49 and 55. Louis Armstrong New Orleans International Airport is the state's main flight hub, with regional airports throughout the state.

Climate & Geography

Louisiana's temperate climate makes it an attractive year-round destination, with rarely freezing temps statewide and a warmer, tropical climate in the south. North and Central Louisiana are dominated by agricultural fields and rolling hills (highest elevation: Driskill Mountain, at 535 feet). South Louisiana is a land of waterways, most notably the Atchafalaya Basin — the nation's largest river swamp — and the Mississippi River.



Cameron Prairie National Wildlife Refuge



New Orleans Jazz Museum

Permanent exhibits at this New Orleans museum include "The Wildest! Louis Prima Comes Home."

Claims to Fame

- New Orleans is the undisputed birthplace of jazz music. The New Orleans Jazz Museum and Congo Square are great places to discover the genre's roots.
- Louisiana is home to the Cajun Music Capital of the World (Mamou), the Jambalaya Capital of the World (Gonzales), the Crawfish Capital of the World (Breaux Bridge), Andouille Capital of the World (LaPlace), Catfish Capital of the Universe (Des Allemands), Perique Tobacco Capital of the World (St. James Parish) and the Boudin Capital of the World (Scott). All of these cities and more have festivals honoring their unique musical genres, dishes and customs. *Learn more at LouisianaTravel.com/festivals.*
- Natchitoches (pronounced Nack-a-tish), founded in 1714, is the oldest city in the Louisiana Purchase. Walk the streets of its historic downtown to get a glimpse into its fascinating past.
- Louisiana is the biggest producer of seafood in the contiguous U.S., with over half of the Gulf of Mexico's blue crab, oyster and tuna catches coming from its waters.

More to Explore

Plan your adventure with the help of Louisiana's regional welcome centers, where local experts can help you find the best that the Bayou State has to offer.

Visit LouisianaTravel.com/welcome-center to find out more.

Louisiana Icons

State Song:
You Are My Sunshine

State Cuisine: *Gumbo*



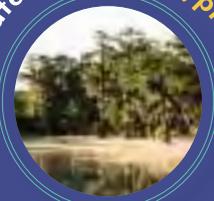
State Reptile: *American Alligator*



State Musical Instrument: *Accordion*



State Tree: *Bald Cypress*



State Nicknames:

*The Bayou State,
The Pelican State,
Sportsman's Paradise*

What's New in Louisiana



Check out some of the latest developments, including new attractions, restaurants and experiences in the Bayou State.

JAMNOLA

New Orleans' first experiential pop-up brings together the work of more than 20 local artists.

©JAMNOLA



©Standard Coffee Co.

North Louisiana

- Standard Coffee Co., led by celebrity chef Cory Bahr, is a sleek new café in downtown Monroe.
- Common Goods, Trio's and Daq's Wings & Grill are all new Ruston dining destinations worth seeking out.



Central Louisiana

- Wildwood Resort in Zwolle has new and updated amenities on the shores of Toledo Bend Lake.
- Gator Country Natchitoches is Louisiana's largest alligator park and features seven acres of family fun.

South Louisiana

- BeauxDines', a new Cajun spot, and Lake City Cruisers, which offer glow-in-the-dark bike tours, are just a couple new reasons to visit Lake Charles.
- Wild Child Wines, eco-education nature preserve Atelier de la Nature and upscale Vestal Restaurant showcase the Lafayette area's diverse new developments.
- Baton Rouge's culinary scene is booming. Check out new spots Gov't Taco, Mid City Beer Garden, BLDG 5, Rouj Creole and Rally Cap Brewing Company.
- Discover the past at the 1811 Kid Ory Historic House, which commemorates the largest slave revolt in U.S. history, and one of jazz music's founding fathers.
- Tchefuncte's and The Anchor, neighboring restaurants in Madisonville, offer incredible cuisine and riverfront views.
- Bogue Chitto State Park near Franklinton has made extensive improvements to its already popular equestrian trails, and now offers the option to camp with your horse.
- Book a room at new New Orleans boutique accommodations The Chloe and One11 Hotel.
- JAMNOLA is a new interactive art exhibit in New Orleans that brings together the best of the Big Easy's artistic and musical influences.
- Zipline over the Manchac Swamp at Zip NOLA, a new LaPlace attraction.



Louisiana Civil Rights Trail

Stories of opposition and resilience are found at destinations throughout the new Louisiana Civil Rights Trail. In the decades between Reconstruction and the Civil Rights Act of 1964, African-Americans faced new challenges and obstacles that made their mark on American history.



Louisiana was at the heart of many of these challenges. Walk the streets of Shreveport's Texas Avenue Historic District to see buildings that housed Black-owned businesses in the 1950s. Dine at the world-famous Dooky Chase's Restaurant — where the likes of Martin Luther King, Jr., James Baldwin, and other civil rights activists met and dined. Visit the Louisiana State Capitol to see where men and women arrived after a 105-mile protest march from Bogalusa to Baton Rouge and take your picture with the commemorative marker at A. Z. Young Park.

Plan your journey through Louisiana Civil Rights history by visiting LouisianaCivilRightsTrail.com



Reconnect & Recharge

The world has faced significant challenges in 2020. Challenges that have left many in need of time to reconnect with loved ones and recharge their spirits.

Louisiana has faced plenty of challenges before, and knows how to come back stronger. Our spirit cannot be stopped, and we look with unapologetic optimism to brighter days ahead.

Now is the time. 2021 offers a chance for us — *all of us* — to reconnect with old friends and make new ones on our travels. Take the opportunity to visit Louisiana's most iconic destinations and hidden gems alike and insert some joy into your life.

In this new *Louisiana Sunshine Magazine*, you'll discover (or rediscover) what is great

about the Bayou State. We'll take you down the back roads on scenic drives, share the difference between zydeco and swamp pop, tell you where to find some — but certainly not all — of the best boiled crawfish and make you want to book a room at some of our one-of-a-kind accommodations.

If you're familiar with Louisiana, take heart: All of the things that made you fall in love with the state are still waiting for you. The music, the food, the scenery, the hospitality — all just as charming and inspiring as ever.

And for those who haven't yet received a proper introduction to the state known as Sportsman's Paradise: **Welcome!**

We are ready to safely welcome visitors again.

Amite River

Take a slow trip down the winding Amite River with Denham Springs outfitter Tiki Tubing.





~ LOUISIANA'S ~
RIVER PARISHES
LARiverParishes.com

Real Flavor. Real History. Real Adventure.

In Louisiana's River Parishes, you'll find uniquely flavorful aromas drifting from the gumbo pots and smokehouses along the Andouille Trail, in the delicate, curling smoke rising from a Perique tobacco cigar, and in the heat emanating from the riverside of Bonfire Country, where families gather around giant wooden structures set ablaze in this Christmas Eve tradition dating back to the 1700s.

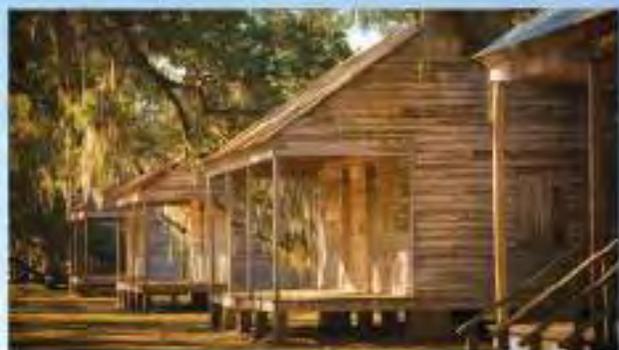
Our history, real and unvarnished, is felt in the landmark homes of New Orleans Plantation Country and the museums along the 1811 Slave Revolt Trail; offering compelling and authentic experiences which provide a stark, yet stunning, reminder of our complex past.

Outdoorsy visitors can make adventure their destination in the bayous, swamps, and lakes of New

Orleans Swamp Country. Fish the waters of the Catfish Capital of the World, hike on boardwalks raised over marshy swamplands, or kick back and enjoy a guided bayou tour through Manchac Swamp.

Start exploring today at LARiverParishes.com







Take the Scenic Route

The Louisiana Trails & Byways program consists of 19 distinct routes that take visitors throughout the state. With an eye on history, culture, dining destinations and natural attractions, these routes let you experience a slice of Louisiana's rich history while enjoying some of the most beautiful scenery you'll ever see.



Lacassine National Wildlife Refuge

Within the 55-mile Flyway Byway, you'll discover this haven for migrating birds and south Louisiana wildlife.



For Music Fans

No matter where you travel in Louisiana, you're sure to find a good beat. So good, in fact, that there are numerous Byways that focus on Louisiana music specifically, taking travelers to destinations they might not discover otherwise.

Take, for instance, the Zydeco Cajun Prairie Byway. Highlights of this driving trail include Mamou, a town that calls itself the Cajun Music Capital of the World. When driving through Eunice, stop by Savoy Music Center, the home to top-quality Cajun accordions and Saturday morning Cajun music jam sessions.



If you're looking to keep your ears singing and hips swinging, be sure to stop by the Cajun French Music Hall of Fame and Museum in Eunice. Also check out the J.D. Miller Music Recording Studio in Crowley.

Along the Great River Road Byway, hear jazz in New Orleans or old-school rock and blues at the Delta Music Museum in Ferriday. Of course there are multiple byways where you'll hear the sounds of Louisiana.



Savoy Music Center



Delta Music Museum

Discover the stories of Louisiana musical legends at this Ferriday museum.

For History Buffs

Numerous Louisiana Byways are geared towards history-minded visitors with a variety of interests. Discover the mysteries of Poverty Point World Heritage Site in Pioneer, the little-known stories of Coca-Cola history at Biedenharn Museum and Gardens in Monroe, harrowing tales of combat at the Chennault Aviation and Military Museum in Monroe, and the antique shops of West Monroe — all of which are on the Historic US 80 Byway.

The Boom or Bust Byway is filled with tales of fortunes won and lost in northwest Louisiana. Highlights include the stately antebellum courthouse and Herbert S. Ford Memorial Museum in Homer, the Depot Museum in Vivian,

the Louisiana State Oil & Gas Museum in — where else? — Oil City, and finally, the history-rich cities of Shreveport and Bossier City.

Natchitoches (pronounced Nack-a-tish), is the centerpiece of the Cane River National Heritage Trail. Walk its charming downtown streets, visit the state's oldest general store — Kaffie-Frederick General Mercantile — and the equally famous Lasyone's Meat Pie Restaurant before exploring Fort St. Jean Baptiste State Historic Site. Beyond Natchitoches you'll find the historical homes of Cane River Creole National Historical Park, Melrose Plantation (former home of famed folk artist Clementine Hunter) and the historical buildings of Cloutierville.

The Louisiana Great River Road Byway, at 773 miles, runs the length of the Mississippi River through Louisiana. Northeast Louisiana historical sites like the Louisiana State Cotton Museum in Lake Providence and the Hermione Museum in Tallulah tell interesting stories of the past. The off-the-beaten path riverfront city of Ferriday, the plantations of St. Francisville and the urban charms of Baton Rouge and New Orleans add to the must-see stops on this long and scenic driving trail.

There are more — far more — historical sites to discover along all of Louisiana's trails and byways.



Kisatchie National Forest

Whether boating, hiking, biking or birding, this central Louisiana preserve is a haven for nature lovers.

For Outdoor Explorers

Louisiana is a land of geographic contrasts. Its waterways allude to a lifetime's worth of fishing, birdwatching and boating opportunities. And in the central and northern reaches of the state, you'll find rolling hills, wide-open plains and tucked-away lakes that beckon visitors looking for an easygoing getaway.

Notable stops along the Toledo Bend Scenic Byway are North and South Toledo Bend State Parks, Cypress Bend Resort (especially popular with golfers), and the many restaurants along or near Highway 191.

For those looking to *really* veer from the beaten path, check out the Longleaf Trail Byway. At just 17 miles,

it's the shortest byway in Louisiana, but it contains some of the most pristine forest scenery in the state. It is located entirely within the Kisatchie National Forest, which is where you can also find an actual archaic cave.

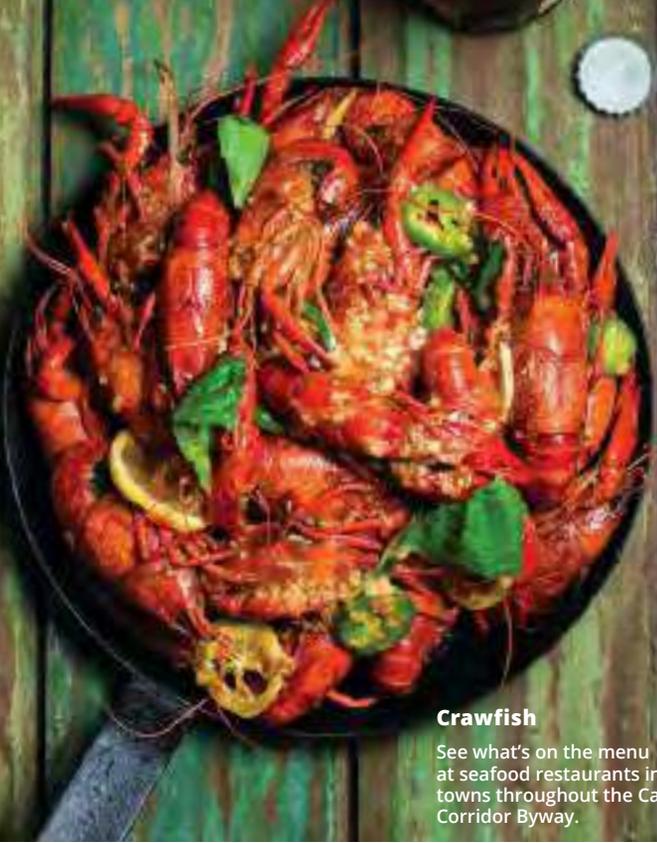
South Louisiana has many driving trails to explore. The Creole Nature Trail All-American Road takes visitors through beaches to some of the best birdwatching sites in the state. Beyond the cheniers (oak tree-covered sandy ridges) is the Cameron Prairie National Wildlife Refuge.

Moving east from the Creole Nature Trail is a greatest-hits list of Louisiana outdoor destinations. Visit the birdwatcher's paradise known as the

Flyway Byway, the kayaking dream destinations of the Bayou Teche Byway, the charter boat outfitters of the Wetlands Cultural Byway, the waterways of the Southern Swamps Byway (a perfect day trip from New Orleans and Baton Rouge) and the historical fishing villages of the San Bernardo Byway.

Flyway Byway





Crawfish

See what's on the menu at seafood restaurants in towns throughout the Cajun Corridor Byway.

For Culinary Adventurers

A library's worth of cookbooks have been written on Louisiana cuisine, thanks largely to the myriad cultural influences that have made the Bayou State the kind of place that's worth visiting just for the food alone.

Check out the seafood-centric restaurants and markets of the Cajun Corridor Byway. Driving past the crawfish farms and rice fields you'll come across Suire's Grocery and Restaurant in Kaplan, an authentic Cajun spot in Louisiana's agrarian heartland. Abbeville is home to Steen's Cane Syrup, which you can buy directly at the mill. Near Abbeville, in Maurice, you'll want to stop by Hebert's Specialty Meats for a taste of flavorful Cajun cuisine.



**INNOCENCE THAT GRACED
A MOVEMENT**

On November 14, 1960, led by U.S. Marshals through a screaming crowd, Ruby Bridges was the sole black child to desegregate William Frantz Elementary School in New Orleans. Be inspired by her story and those of many others who dedicated their lives to *Making Rights Real*.



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Mrs. Rose's Bed and Breakfast**
@CrawfishHav



**McGee's Louisiana Swamp
& Airboat Tours**
@mcgeesswamptours

On-the-Ground Expertise

Take the guesswork out of getting around
with the help of local guided tours.

Agritourism

- Crawfish Haven/Mrs. Rose's Bed and Breakfast in Kaplan offers overnight stays at a working crawfish farm, with guided tours and Cajun cooking classes.
- Splendor Farms B&B and Trail Riding Facility in Bush offers farm stay options and horseback riding, just an hour's drive from New Orleans.
- Mitcham Farms, where many of Louisiana's famous Ruston peaches are picked, has a farm store and is open for guided tours.

[LouisianaTravel.com/
attractions/agritourism](https://LouisianaTravel.com/attractions/agritourism)

Food and Drink Tours

- Dr. Gumbo, New Orleans Secrets and New Orleans Culinary History Tours are just a few of the many New Orleans companies offering group culinary excursions.
- Cajun Food Tours in Lafayette takes visitors to five local stops for tastes of local culture.
- On Baton Rouge Food Tour's itinerary, you'll spend over two hours dining in and learning about Louisiana's capital city.

LouisianaTravel.com/culinary

Swamp Tours

- See the swamps just a short drive from New Orleans, courtesy of Airboat Adventures, Airboat Tours by Arthur L. Matherne and Jean Lafitte Swamp & Airboat Tours.
- On Louisiana's Northshore, go deep into the Honey Island Swamp with Dr. Wagner's Honey Island Swamp Tours and Cajun Encounters Tour Co.
- In the Atchafalaya region, McGee's Louisiana Swamp & Airboat Tours and Champagne's Cajun Swamp Tours will take you on an unforgettable ride into cypress tree-covered waterways.

LouisianaTravel.com/outdoors

By the Way, There's More!

Discover the sights, sounds and flavors of Louisiana Byways at Byways.LouisianaTravel.com

Louisiana's Must-Have Souvenirs

Leave room in your luggage for these Bayou State gifts.



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TABASCO® Country Store
Avery Island • tabasco.com

Jase Pro Series Bocote Duck Call
Duck Commander
West Monroe • duckcommander.com



Mosaic Boxes
Bergeron Woodworks at Mignon Faget
Baton Rouge • bergeronwoodworks.net

©Dave Rodrigue



Mardi Gras Mask
Shops throughout New Orleans' French Quarter

Toddler Tee
Parish Ink
Lafayette • parishink.com



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WWII MUSEUM
NEW ORLEANS**

LET THEIR STORIES INSPIRE YOURS.

The National WWII Museum is now open so you can find inspiration in timeless stories of sacrifice and resilience. Featuring timed ticketing, reduced capacity to enable social distancing, enhanced cleaning and more, we're ready to welcome you back safely.



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IN NEW ORLEANS**

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Andrew Higgins Boulevard between Camp and Magazine streets
504-528-1944 | nationalww2museum.org | Open daily 9:00 a.m. - 5:00 p.m.



**THE NATIONAL
WWII MUSEUM
NEW ORLEANS**

Carnival Time in Louisiana

Mardi Gras is more than one day in one city. It's a statewide celebration, unique to each city and town.

What It Is, When It Is

Louisiana's most iconic celebration!

In Louisiana, Carnival celebrations occur statewide for weeks leading up to the pinnacle on Mardi Gras day. Mardi Gras, French for "Fat Tuesday," is the single-day finale of the Carnival season.

Carnival Season runs from Twelfth Night (also called the Epiphany, which is always on January 6th regardless of the date of Mardi Gras), to Fat Tuesday, which is on February 16th in 2021.

Carnival All Year Long

You can get into the Mardi Gras mood whenever you visit. In New Orleans, check out the Carnival exhibits at the Louisiana State Museum's Presbytere and the Backstreet Cultural Museum. Lake Charles' Mardi Gras Museum of Imperial Calcasieu also houses an incredible collection of costumes.

Know the Lingo

King Cake

Also debuting on January 6th is the coveted king cake, an oval-shaped, flashy cousin of the cinnamon roll. It is sometimes filled with cream cheese or fruit and topped with a sugary dusting of purple, green and gold — the official colors of Mardi Gras.

PURPLE REPRESENTS JUSTICE
GOLD SIGNIFIES POWER
GREEN STANDS FOR FAITH

A tiny baby figurine is tucked inside each cake, and if it ends up in your slice you buy the next cake. Rules are rules!



Krewes

Krewes, pronounced "crews," are groups of Mardi Gras paraders. It is believed that the term, krewes, was coined by the Mystik Krewe

of Comus, Carnival's first secret society. Comus was the first krewes to adopt a mythological namesake. Greek, Roman and Egyptian mythologies are the sources of nearly half of the parading krewes names across the state.

Floats

Whether a hand-crafted contraption tugged behind a bicycle or a mammoth work of art sculpted for months by professionals, a float is what carries the krewes down the parade route. Check out New Orleans' "super krewes" to see enormous floats at Mardi Gras World (open for tours year-round).

Throws

Beads and doubloons (coin-shaped trinkets) are the best-known throws — a catch-all term for any object handed or tossed from a float — but there are many others: painted coconuts, bedazzled shoes and blinking toys that the kids especially love to catch!

Stay up to date on statewide Carnival events by visiting MardiGras.LouisianaTravel.com

SUPER

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- Pirates Alley •
- Congo Square •

... and more!

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DAILY WALKING TOUR



YELLOW FEVER

GHOST TOURS



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HAUNTED PLACES

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Out -of-the Ordinary Accommodations

From historic and haunted to famous and beachy, Louisiana offers an abundance of unique places to rest up for another day of play.

©Reunion Lake RV Resort



Carousel Bar, Hotel Monteleone

In the heart of New Orleans, Hotel Monteleone not only oozes history but is also home to the famous rotating Carousel Bar, immortalized in the writings of Ernest Hemingway. Take a spin on it while sipping a classic Vieux Carré cocktail in the place it was invented.

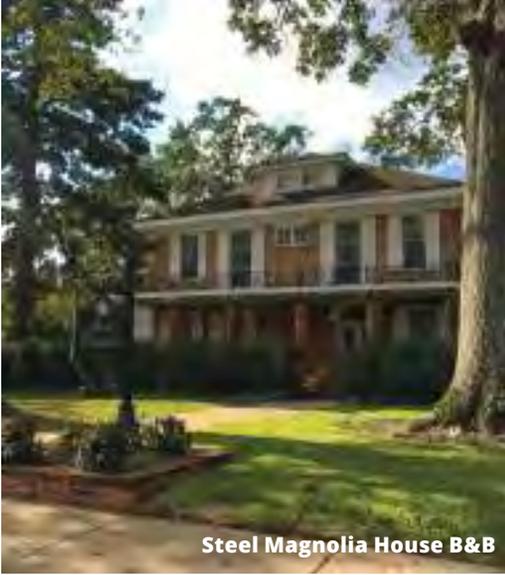
You may need some of that “liquid courage” at Myrtles Plantation in St. Francisville, a former antebellum plantation built in 1796 that is considered one of America’s most



Myrtles Plantation

haunted homes, thanks to the ghost of a young slave named Chloe that reportedly roams the halls. Or trade in fear for fame at the Steel Magnolia House B&B in the very house in Natchitoches where that Oscar-nominated classic was filmed.

The legendary Venice Marina, down in the southeastern-most corner of the state, has waterfront cabins that put the Gulf of Mexico and world-class fishing at your front door.



Looking for a relaxing stay on the water? Louisiana has its own beach resort at Hurricane Hole in Grand Isle, offering a Gulf of Mexico getaway with a luxury pool and plush accommodations.

In southern Louisiana, you can fall asleep to the sounds of the swamp aboard a houseboat courtesy of Houseboat Adventures at Cypress Cove Landing. Located in Henderson, deep within the Atchafalaya National Heritage Area, Houseboat Adventures' floating cabins offer the creature comforts of home in a part of Louisiana that's so unlike anywhere else that it's referred to as "America's Foreign Country."

Escape from the Norm

Get away from the hustle and bustle and explore these charming spots.

- **Cabins at Horseshoe Hills Ranch** (Natchitoches)
Rustic cabins with modern amenities
- **Isle of Iberia RV Resort** (New Iberia)
Lazy river relaxation, a pool and fishing
- **Cypress Black Bayou** (Benton)
Camping with beautiful lakes, outdoor run and a petting zoo
- **Indian Creek Campground** (Independence)
Swimming, fishing and canoeing surrounded by forest
- **Lakeview Park & Beach** (Eunice)
Tranquil waterfront park with local music
- **Della Belle Bed and Breakfast** (Lake Charles)
Enormous, luxurious Greek Revival mansion on the lakefront
- **Little River Bluffs** (Folsom)
Secluded cabins tucked away in a nature preserve
- **Reunion Lake RV Resort** (Robert)
Luxury resort with high-end amenities
- **Sweetwater RV Ranch & Stables** (Loranger)
Old West-themed resort with cabins, RV sites, trails, a pool and animals
- **Wildlife Gardens** (Gibson)
Cabins with charm in the heart of "Cajun Country"
- **Fairfield Place Bed & Breakfast** (Shreveport)
19th century house with a secret garden and French Quarter-style courtyard

Ready to Explore More?

Find unique inns, B&Bs, hotels, resorts and more at
LouisianaTravel.com/placestostay

**Mid-City Lanes
Rock 'N' Bowl**

See Rockin' Dopsie, one of Louisiana's zydeco legends, at this combination music venue and bowling alley in New Orleans.

The Soundtrack of Louisiana



Cajun, zydeco, jazz, blues, country, rock and beyond: The soundtrack of Louisiana is as diverse as the places you can hear it live.



Preservation Hall

Jazz

Jazz dates back to Congo Square in New Orleans, once a lively meeting place and one of the only places in the South where people of color could gather to play music and dance before the Civil War. Steeped in blues and ragtime, jazz found roots in Storyville before legends like Louis Armstrong introduced this now-iconic sound to the world.

Hear it here! Preservation Hall, Davenport Lounge and dozens of clubs along Frenchmen and Bourbon streets in New Orleans.

Zydeco

Inspired by the West African custom *jure*—hand-clapping and foot-stomping—zydeco first fused the sounds of accordions and washboards with Afro-Caribbean beats to create a signature sound that gained fame in western Louisiana. Today's zydeco is further influenced by soul, reggae and rap, showing how this genre continues to evolve.

Hear it here! Buck & Johnny's in Breaux Bridge, and dance halls and music festivals throughout the state.



French Quarter

Hear the sounds of brass bands throughout New Orleans' most famous neighborhood.



Liberty Theater

Cajun bands keep tradition alive at this Eunice venue.



Tab Benoit

Hear the GRAMMY-nominated bluesman (and Houma native) on stages throughout Louisiana.

Cajun

Although it's enjoyed at festivals and celebrations today, Cajun music was born out of a need to comfort the Acadians after they were exiled from Nova Scotia in the 1700s and found refuge in Louisiana. As their ties grew stronger here, so did the traditions of storytelling, singing and dancing that created this true "folk" music genre.

Hear it here! Boudreaux and Thibodeaux's in Baton Rouge, Savoy Music Center in Eunice and Blue Moon Saloon in Lafayette.

Blues

While jazz, zydeco and Cajun get lots of attention, the blues also run deep in Louisiana. First introduced by African-American workers, early blues music was steeped in gospel and became a therapeutic release to lift the spirits of those enduring tough times. Although a classic blues song is built on a 12-bar chord with repeated lyrics, this music is as diverse today as those who perform it.

Hear it here! Tipitina's in New Orleans, Teddy's Juke Joint in Zachary, Ruby's Roadhouse in Mandeville and the Bogalusa Blues & Heritage Festival in Bogalusa.

Other Louisiana Sounds

- Borrowing from rock, zydeco and country music, **swamp pop** was born on the bayou in the mid-1950s and is even more popular today. Learn more at the Louisiana Swamp Pop Museum in Ville Platte, and learn the names and stories of swamp pop stars like Johnny Allan and Lil' Bob.

- **Country music** rings throughout every part of the state, where you can hear both legends and rising stars perform the classics, honky-tonk, bluegrass and more at festivals and clubs.

- Not only did natives Fats Domino and Jerry Lee Lewis put Louisiana on the **rock music** map, but a young Elvis Presley got his start here too, skyrocketing to fame after first appearing on the Louisiana Hayride radio show in Shreveport. You can see Fats' white Steinway piano on the second floor of the New Orleans Jazz Museum, artifacts from Jerry Lee Lewis' career at the Delta Music Museum in Ferriday (his hometown) and a statue honoring Elvis at Shreveport's Municipal Auditorium.

Ready to Hear More?

Dive into the state's rich music scene at LouisianaTravel.com/music

Take it Outside



Louisiana is home to more than two dozen State Parks and State Historic Sites, each unique in their own way and offering countless ways to experience a different side of Louisiana.

Lake Bruin State Park

©LA State Parks

Backcountry Exploring

Chicot State Park

Louisiana's largest park features miles of trails and limitless boating opportunities. It is also home of the Louisiana State Arboretum, a beech-magnolia forest covering 300 acres that includes numerous indigenous plant species.

Lake D'Arbonne State Park

Fishing, disc golfing and tennis are just a few of the draws to this north Louisiana park. The dense forest, rolling hills, broad canyons and designated bike trails make this a top spot for mountain bikers and hikers alike.

Palmetto Island State Park

This park, full of shaggy trees found throughout the swamps, is untouched south Louisiana at its most picturesque. You'll find a water playground and cabins that give overnight guests a front-row seat to a symphony of the swamp's wildlife.



Fairview-Riverside State Park

©LA State Parks



South Toledo Bend State Park

©LA State Parks

Canoeing and Kayaking

Fairview-Riverside State Park

Fairview-Riverside's close proximity to the Tchoufouche River makes it easy to hop in a canoe or kayak for a relaxing paddle experience. Catch bass, bluegill, redfish and speckled trout from the shoreline or boat.

Lake Fausse Pointe State Park

Paddle the Atchafalaya Basin for a closer look at the area's plant and wildlife. Or stroll on a network of boardwalks that will keep your boots dry as you meander through the cypress trees. Park naturalists offer guided tours, and the waterfront cabins are particularly charming.

Tickfaw State Park

Tickfaw is famous for its scenic namesake river and the prolific wildlife that surrounds it. Get oriented at the nature center before exploring the cypress-tupelo swamp, canoeing down the Tickfaw River or casting a line for largemouth bass.



Poverty Point Reservoir State Park



Bayou Segnette State Park



North Toledo Bend State Park

Fishing

Jimmie Davis State Park

This rural getaway on the shores of Caney Creek Reservoir features a unique layout that guarantees you're never more than a skipping-stone's throw away from the water. The fattest largemouth bass and redear sunfish in state history were landed here.

Lake Bruin State Park

Lake Bruin, a haven for watersports fanatics and anglers alike, is teeming with largemouth bass and sac-à-lait

(crappie). No boat? No problem. They're available for rent. The park also features a boat launch, boat shed, bathhouse and three large fishing piers.

North and South Toledo Bend State Parks

Toledo Bend Reservoir resembles a freshwater ocean, large enough that there are two State Parks on its banks. In addition to fishing, hiking and biking trails wind throughout the parks, with hills that are perfect for sunset photography.

Poverty Point Reservoir State Park

Poverty Point Reservoir offers 2,700 acres of fishing galore. The North Marina Complex features a boat launch, marina with 48 covered boat slips, fishing pier and fish cleaning station. Keep an eye out for the wildlife, as the park sits along the Mississippi Flyway, one of the continental U.S.'s main migratory bird routes. One of the state's shyest friends, the Louisiana black bear, has also been spotted here.

Stay up to date on the latest State Parks news by visiting LASateParks.com.
Learn more about Louisiana Historic Sites at LASateParks.com/louisiana-historic-sites



Horseback Riding

Bogue Chitto State Park

Bogue Chitto Horse Rentals offers 1-hour or 2-hour guided tours along the park's winding equestrian trails. Relax with tubing, canoeing, kayaking or fishing from the shoreline of the slow-moving Bogue Chitto River.

Chemin-A-Haut State Park

Families flock to Chemin-A-Haut for the park's swimming and wading pools, dozens of picnic sites, rustic footpaths and the 8-mile equestrian trail overlooking Bayou Bartholomew. Looking to get on the water? Paddle over to check out "The Castle"—a towering 1,000-year-old cypress tree.

Lake Bistineau State Park

Enjoy horseback riding and disc golfing in this enchanting tupelo-cypress forest. Rent flat-bottom boats, canoes and kayaks and paddle out to Sandy Island or Snake Island, or stay closer to camp and relax by one of the swimming pools.

Urban Getaways

Bayou Segnette State Park

This New Orleans area park, well known for its wave pool and playground, is an awesome destination for families. Hikers enjoy views of the cypress-tupelo swamp on foot, and overnighters choose from scenic RV spots or tent sites.

Fontainebleau State Park

Fontainebleau, on the outskirts of Mandeville and a short drive from Slidell and Covington, sits on the grounds of a former sugar plantation—the mill is still partly intact and open to visitors. Check out the expansive pier on Lake Pontchartrain, a sandy beach, water playground and a portion of the 31-mile-long Tammany Trace bike trail.

St. Bernard State Park

This is the perfect day trip or overnight excursion from New Orleans, with picnic tables, barbecue grills, and a water playground and swimming pool for the kids. Short hiking trails crisscross the park, and RV campsites are available for overnight guests.

Watersports

Cypremort Point State Park

A half-mile-long beach runs the length of this south-Louisiana getaway, offering opportunities for swimming, kitesurfing, windsurfing, fishing and just plain hanging out. The marshes near the beach give hikers and campers a chance to spot deer, red foxes and even black bears.

Grand Isle State Park

Grand Isle is Louisiana's premier spot for weekend warriors looking to dip their toes in warm Gulf of Mexico waters. Beach camping is popular, as are the Grand Isle Migratory Bird Festival and the International Grand Isle Tarpon Rodeo.

Lake Claiborne State Park

Dive deep into the crystalline waters of this natural beauty, where fishing and waterskiing are held in equally high regard. The park offers guided tours, and you can learn about this unique ecosystem at the on-site nature center.

Journeys of Historic Proportions

Louisiana history is alive in every corner of the state.

Historic Structures

- Audubon, St. Francisville
- E.D. White, Thibodaux
- Kent Plantation House, Alexandria
- Longfellow-Evangeline, St. Martinville
- Rosedown Plantation, St. Francisville
- Plaquemine Lock

Military History

- Centenary, Jackson
- Fort Jesup, Many
- Fort Pike, New Orleans
- Fort St. Jean Baptiste, Natchitoches
- Forts Randolph & Buhlow, Pineville
- Locust Grove, St. Francisville
- Mansfield, Mansfield
- Port Hudson, Jackson
- Rebel, Marthaville

Native American History

- Poverty Point World Heritage Site, Pioneer





Lake Claiborne



Lake Bistineau



Lake Bruin



Sam Houston Jones



Fontainebleau



Cypremort Point



Fairview Riverside



Lake Fausse Pointe



St. Bernard



Poverty Point Reservoir



Louisiana is a place of natural beauty with our own unique blend of cultures and experiences. To preserve this, we've set aside 21 Louisiana State Parks that stretch from the shores of Lake Pontchartrain and the swamps of Acadiana to the pine forests and hills of the Sportsman's Paradise.

There is a park or state historic site for everyone to enjoy nearby. So let's hit the trails or catch a big one because the best travel experiences make you feel more alive and bring us closer together.



Jimmie Davis



Grand Isle



Lake D'Arbonne



Chicot



Palmetto Island



Tickfaw

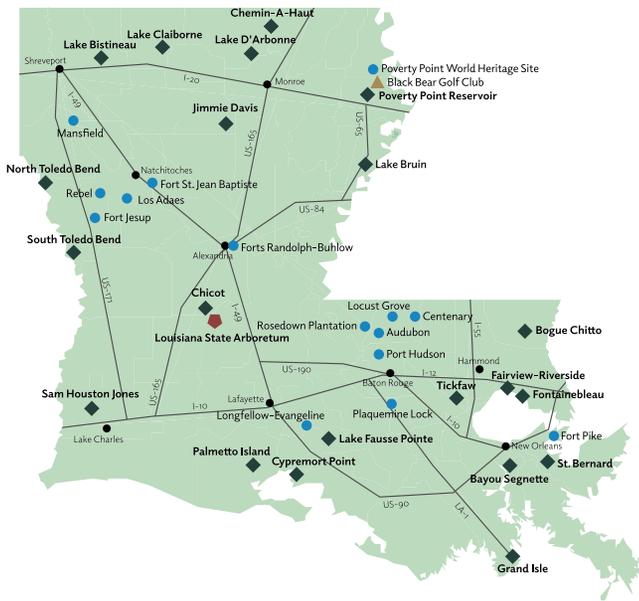


Bayou Segnette



Chemin-a-Haut

- ◆ State Parks
- ◆ State Preservation Area
- State Historic Sites
- ▲ Golf Club



South Toledo Bend



North Toledo Bend



Bogue Chitto



“Only in Louisiana” Museums



Marvel at these one-of-a-kind collections offering a fascinating glimpse into the Bayou State.

Mardi Gras Museum of Imperial Calcasieu

Marvel at the costumes in the design room at this colorful Lake Charles museum.

©Visit Lake Charles

Shreveport Water Works Museum, Shreveport

This museum is located in the McNeill Street Pumping Station, which has the distinction of being both a National Historic Landmark and a National Historic Civil Engineering Landmark. The station opened in 1887 as Shreveport’s first water plant, and when the old steam pumps were finally retired in 1980, the plant was believed by the Smithsonian to be the last operating steam-powered municipal water works in America. Today, the entire physical plant remains in place after more than 100 years of service and is a rare example of an intact steam water works.

Mardi Gras Museum of Imperial Calcasieu, Lake Charles

There’s nothing more “Louisiana” than Mardi Gras—and no better place to celebrate it than at this fascinating showcase of all of the storied traditions, colorful costumes, pomp and pageantry of this party like no other.

Immerse yourself in its history as you stroll through halls of glittering Mardi Gras costumes—the largest collection anywhere—some of them worn by animated mannequins that bring their magic to life!

PS: It’s no coincidence this museum is located in Lake Charles. That festive southwest Louisiana city hosts one of the state’s largest Mardi Gras festivals.

H. J. Smith’s Sons General Store & Museum, Covington

Talk about stepping back in time: This family-owned blast from the past doesn’t just contain artifacts—it is one! In business on the Louisiana Northshore since 1876, the store houses hundreds of items from the late 1800s and early 1900s, including a cast iron casket, a stagecoach once pulled by goats, a hand-operated wooden washing machine, a 1920s



Abita Mystery House

Take a walk through the whimsical, weird House of Shards.

©Louisiana Northshore

Elsewhere Around the State

- The Abita Mystery House in Abita Springs is a folk art masterpiece, filled with handmade creatures including the half-dog, half-alligator known as Darrel the Dogigator, and such displays as a mysterious UFO crash site. Hard to describe and even harder to forget, the Abita Mystery House offers one of the most only-in-Louisiana experiences you'll find.
- Visit the Kentwood Museum in Kentwood, which celebrates the life of hometown superstar Britney Spears, and also has an exhibit on military history that honors local veterans.

gas pump and typewriters. (Remember those ancient relics?)

Better yet, it's still a working hardware store where you can pick up hard-to-find items you can't find at those big-box chains.

Kenny Hill Sculpture Garden, Chauvin

In the early 1990s, bricklayer Kenny Hill constructed a wondrous sculpture garden and outdoor museum in the fishing village of Chauvin. Over the course of a decade, Hill built visionary artworks on a tiny plot of rented land overlooking Bayou Petit Caillou. Fantastical creatures, angels,

mysterious spiritual figures and a towering lighthouse, all rendered in sculpted concrete, were made by this one self-taught artist. He moved away from Chauvin in 2000, leaving behind one of the most remarkable, memorable assemblages of art you'll find anywhere in Louisiana.

Ready to Explore More?

Discover other fascinating museums at LouisianaTravel.com/attractions/museums

- Spend an afternoon at the Louisiana Sports Hall of Fame and Northwest Louisiana History Museum in Natchitoches. These combined museums offer visitors an inside look at the contributions Louisiana natives have made to the sports world, as well as the lives of area residents, from ancient times to the present.
- Cash in on a good history lesson at the Old U.S. Mint in New Orleans, the only facility in the U.S. to ever create currency for two different countries—the United States and the former Confederacy. The museum is housed inside another unique attraction: The New Orleans Jazz Museum.

**Fried oyster
po'boy**

Order up one of these Louisiana-born oyster po'boys at one of the many restaurants in Louisiana, like Spirits Food & Friends in Alexandria.

Cookin' Up Culture, Louisiana Style



Don't know your gumbo from jambalaya?
Confused about étouffée and pralines?
We got you. Here's a rundown of the state's
signature dishes.

**Jambalaya**

So many Louisiana dishes start with a roux (a sauce or stew base made with fat and flour), and the "trinity" of chopped onion, celery and green pepper. One of the most famous roux-based dishes is étouffée, made with crawfish or shrimp and served over rice. Dive into an awesome bowl of it at Boudreau & Thibodaux's Cajun Cookin' in Houma and Commander's Palace in New Orleans. Featuring a richer and darker roux, gumbo is a stew made with seafood, meat or both — with the optional addition of okra and filé (ground sassafras)

**Pecan Pralines**

powder — over a bowl of rice. The exact recipe varies, depending on who's making it, but don't miss a bowl at Cormier's in Monroe.

Louisiana's classic dishes go far beyond étouffée and gumbo. The rice dish known as jambalaya features chicken and andouille sausage cooked with trinity, but not roux. Try it at the Jambalaya Shoppe in Gonzales and Lil' Cajun House in Alexandria. Po'boys are sub-like sandwiches stuffed with meat or seafood and more on French bread, typically "dressed" with lettuce, tomato

and mayo. The sandwich originated from a restaurant amid a 1929 streetcar strike in New Orleans, and although you can find them in plenty of local restaurants there (Parkway Bakery & Tavern, Domilise's Po-Boy & Bar among them), you can also taste great po'boys at spots like Sam's Southern Eatery in Shreveport and Roux 61 Seafood & Grill in Baton Rouge.

Uniquely New Orleans favorites include ya-ka-mein, a soup of beef brisket or pork with a hard-boiled egg, green onions and spaghetti noodles;

or grillades, pan-fried pork or steak with veggies and spices — topped with gravy and served over grits. Popular at the New Orleans Jazz & Heritage Festival is crawfish bread - homemade dough, cheese, crawfish, and seasonings rolled up and baked until becoming a perfect pocket of melty deliciousness. Yes please!

When you're ready for something sweet, a praline is a Creole candy made with pecans, sugar, brown sugar and butter. You can see them being made before your eyes at Loretta's Authentic Pralines.

Finally, there is north Louisiana's soul food tradition, which brings together the flavors of collard greens, locally raised catfish, cornbread and all the fixin's. Hearty dishes are served up at Nana's Soulfood in Ruston, Alice's Soul Cooking in Minden and Us Up North in Shreveport.

Blaze New Trails

Why just visit a restaurant or two when you can plan a whole trip around your next tasty stop? Cities and parishes throughout the state offer a mouthwatering array of food trails that will keep you fueled up while on the road.

The Jefferson Parish Oyster Trail takes you to more than 20 restaurants offering this local treasure from the city to the Gulf of Mexico. Whether raw, fried or chargrilled, oysters are a south Louisiana staple and one of the state's proudest seafood exports.

Gattuso's in Gretna and Perino's Boiling Pot are just two of the nearly two dozen stops on the trail.

Andouille is south Louisiana at its most flavorful. This delicacy, made of seasoned and smoked ground pork, can be found at spots along the Andouille Trail in St. John the Baptist and St. James parishes.

Boudin is a unique smoked sausage made with rice and meat (usually pork), one of the essential components of Cajun cuisine and celebrated throughout south Louisiana. Not one, but two trails (the Southwest Louisiana Boudin Trail based in Lake Charles and Cajun Boudin Trail around Lafayette) help you discover that glorious Bayou State creation.

And speaking of Lafayette, the city's Plate Lunch Trail celebrates this cousin to the South's "meat and three" — a glorious rice and gravy-centric plate consisting of a meat, a starch, vegetables sides and a wedge of bread popular in the Acadiana region.

Fun Food Festivals

Louisianans know how to party and throwing one to celebrate some of our favorite foods is as good a reason as any. Check out our full event calendar at louisianatravel.com/festivals to find a fun food festival you won't want to miss!

Noshing in NOLA

When it comes to iconic eats, hot-shot chefs and James Beard winners, New Orleans serves up plenty.

Nearly 250 New Orleans chefs and restaurants have received coveted James Beard Award nods and wins, the highest honor bestowed by the culinary industry.

There were 16 last year alone, including Outstanding Pastry Chef Kelly Fields of Willa Jean, Best Chef of the South semifinalist Michael Gulotta of Maypop and MoPho, and Best New Restaurant semifinalists Bywater American Bistro and The Elysian Bar.

Additional restaurants receiving nods were Bacchanal (Outstanding Wine Program), Brightsen's (Outstanding Service), Herbsaint, Coquette, Troups' Meatery and Turkey and the Wolf (Best Chef).

Other former (and likely future!) award winners include Top Chef Masters and Top Chef New Orleans star Sue Zemanick, who serves fare with flair at her restaurant Gautreau's, and Susan Spicer, who is known as a co-founder of Herbsaint but has gone on to wow guests at her popular fusion restaurant, Bayona, and newest spot, Rosedale.

Ready to Fuel Up?

Sip and savor the Bayou State's signature flavors at LouisianaTravel.com/culinary

The Freshest Catch



Cypremort Point State Park

Kick back and relax at this Vermilion Bay park, one of Louisiana's prime spots for Gulf fishing and sailing.



From the pier to the plate, you'll find the tastiest seafood in the Bayou State.

Louisiana's placement on the Gulf Coast makes it a prime spot for some of the freshest seafood in the world. Within its 7,700-mile-long shoreline you'll find waterways teeming with the kind of marine life that makes the state not just a phenomenal fishing destination — but one of the world's premier culinary destinations for seafood lovers.

You don't have to look far to see what we mean. North and central Louisiana's rivers and reservoirs are filled with delectable sac-à-lait, bass, catfish and bluegill, all of which have become the staples of Louisiana soul food.

Of course, there's the Gulf of Mexico itself, which has made Louisiana the nation's second-largest seafood supplier. And while that's great for the fishermen and charter boat outfitters, it's also a big reason we have so many seafood festivals and world-renowned restaurants here in Louisiana.

Louisiana's seafood industry is steeped in tradition. Crabbing has been done for generations in the beach communities near Lake Charles. Crawfish and alligator farming have close ties to south Louisiana as well, and some of those family-owned operations are open for tours, too.



Randol's Cajun Restaurant
Louisiana seafood is the specialty of this Lafayette restaurant.

Get to Know Louisiana's Seafood

Fun Facts

The Fests

Find It Here

<p>Shrimp</p> 	<p>Louisiana leads all other states in shrimp landings (catches), with 102.5 million pounds of the crustaceans caught here annually.</p>	<p>Louisiana Shrimp & Petroleum Festival, <i>Morgan City</i></p> <p>Delcambre Shrimp Festival, <i>Delcambre</i></p>	<p>Dons's Seafood, <i>Lafayette</i></p> <p>The Chimes - Highland, <i>Baton Rouge</i></p> <p>Trapp's, <i>West Monroe</i></p>
<p>Crawfish</p> 	<p>All of the crawfish grown in the U.S. — down to the last tail — is harvested in Louisiana.</p>	<p>Breaux Bridge Crawfish Festival, <i>Breaux Bridge</i></p> <p>Mudbug Madness <i>Shreveport</i></p>	<p>Crawfish Town USA, <i>Henderson</i></p> <p>Crawdaddy's Kitchen, <i>Shreveport</i></p> <p>Fresh Catch Bistreaux at Broken Wheel Brewery <i>Marksville</i></p>
<p>Fin Fish</p> 	<p>Almost half the catfish consumed in the U.S. comes from Louisiana, along with massive harvests of red snapper, tuna and drum.</p>	<p>Louisiana Seafood Festival, <i>New Orleans</i></p> <p>Louisiana Catfish Festival, <i>Des Allemands</i></p>	<p>Venice Marina, <i>Venice</i></p> <p>Regatta Seafood & Steakhouse, <i>Jennings</i></p> <p>Pat Gallagher's 527 Restaurant & Bar, <i>Mandeville</i></p>
<p>Oyster</p> 	<p>Most Gulf of Mexico oysters come from Louisiana waters, many of which are flown to fine dining restaurants throughout the U.S.</p>	<p>Amite Oyster Festival, <i>Amite</i></p> <p>New Orleans Oyster Festival, <i>New Orleans</i></p>	<p>Warehouse No. 1, <i>Monroe</i></p> <p>Acme Oyster House, <i>New Orleans</i></p> <p>Drago's, <i>Metairie</i></p>
<p>Blue Crab</p> 	<p>Louisiana produces more than a quarter of all of these crustaceans that Americans consume.</p>	<p>St. Tammany Crab Festival, <i>Slidell</i></p> <p>Arts & Crabs Fest, <i>Lake Charles</i></p>	<p>The Blind Tiger, <i>Shreveport</i></p> <p>La Petite Grocery, <i>New Orleans</i></p> <p>Kenner Seafood, <i>Kenner</i></p>
<p>Alligator</p> 	<p>Louisiana has the nation's highest alligator population, and is home to dozens of farms sustainably harvesting them.</p>	<p>Alligator Festival, <i>Luling</i></p> <p>Alligator Festival, <i>Grand Chenier</i></p>	<p>Prejean's, <i>Lafayette</i></p> <p>Steamboat Bill's, <i>Lake Charles</i></p>

Learn more about Louisiana seafood by visiting LouisianaTravel.com/culinary

Louisiana Libations

Louisiana's culture is served by the glass at its local breweries, wineries and distilleries.

Landry Vineyards

This West Monroe winery is popular for both its wines and outdoor concert series.

Breweries

Louisiana's oldest brewery, Abita Brewing Company, was founded in 1986, but it would be decades before the state's true brewing renaissance began. Since 2013, more than three dozen breweries have opened throughout the state, in every major city from Shreveport to Monroe, Natchitoches to Lake Charles, and Lafayette to New Orleans. Even better: Nearly all of them are open for tours and have on-site tasting rooms.

Distilleries

The "spirit" of Louisiana is alive, thanks largely to the locally harvested sugarcane used at its numerous rum distilleries: Bayou Rum in Lacassine, Old New Orleans Rum in New Orleans and Three Roll Estate in Baton Rouge among them. Rum isn't all Louisiana's about, either: From Sulphur-based Yellowfin Vodka Distillery's crystal-clear vodka to Gonzales-based Sugarfield Spirits Co.'s bourbon whiskey, to New Orleans-based Seven Three Distilling Co.'s Gently Gin, you'll find plenty of reasons to explore Louisiana's thriving cocktail culture.

Wineries

Rosé or cabernet? Merlot or malbec? You have options when you visit Louisiana's wineries. The best-known of them are Pontchartrain Vineyards in the tiny Northshore town of Bush, and Landry Vineyards, founded in 1999 and based in West Monroe.

Drink Up!

No matter where you travel in Louisiana, there is sure to be a brewery, winery or distillery close by. Find out more about them by visiting **Libations**.
LouisianaTravel.com



LOUISIANA

Northshore

St. Tammany Parish

St. Tammany Parish, aka Louisiana's Northshore, is draped across the northern shore of Lake Pontchartrain, just 40 minutes from New Orleans' French Quarter.

New Orleanians have considered the Northshore a getaway since the 1800s, when steamboats brought them across the lake to large resorts in Mandeville, Abita Springs, and Covington.

Today, visitors come for soft adventure and 80,000 acres of green spaces and waterways, as well as for the area's great culinary and cultural scenes, picturesque towns and feel-good vibe. Many come for boat tours of the Honey Island Swamp, fishing charters in Slidell and kayak adventures on the bayou. Others love the sophisticated feel of historic downtown Covington, a charming district

with galleries, shops, museums, and more than 25 restaurants within walking distance of the boutique Southern Hotel and B&Bs.

In Mandeville, visitors can find charming B&Bs a short walk from the stunning Lake Pontchartrain sunsets, shops in cottages, and waterfront restaurants serving fresh Gulf seafood. Or, in Abita Springs, they enjoy the lively taproom and tastings at Abita Brewery, bike riding on the Tammany Trace, and exploring the Farmers Markets.

In Slidell find exquisite shopping centers, boutique stores in Olde Towne, a multitude of lush parks to explore, public art murals, and fresh seafood served waterside.

We look forward to welcoming you to St. Tammany Parish, Louisiana's Northshore!

10 FREE THINGS TO DO



There are plenty of priceless activities in St. Tammany Parish, and many of them don't cost a thing. Discover the Mandeville lakefront, outdoor festivals, the Tammany Trace, fresh samples at our Farmers Markets, and more.

LouisianaNorthshore.com/Free

10 THINGS TO DO WITH YOUR DOG



St. Tammany welcomes your furry family member with alfresco dining, pup bakeries, hiking trails, dog parks, and cozy accommodations, including our two waterfront state parks.

LouisianaNorthshore.com/Dog

10 WAYS TO #TAMMANYTASTE



Feed your soul on the Louisiana Northshore where there is always a place at the table for you. Savor the local flavor at mom & pop eateries, fine-dining establishments, bakeries, and breweries we love.

LouisianaNorthshore.com/Taste

10 THINGS TO DO ON A DAY TRIP



Adventure and relaxation await in St. Tammany. Whether you're planning a family vacation, romantic getaway, or weekend with the girls, there's an experience for everyone to enjoy on #LANorthshore.

LouisianaNorthshore.com/DayTrip

BAYOU ADVENTURE



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Jackson Square

Visit the Louisiana State Museum's Cabildo and Presbytere, along with St. Louis Cathedral and the Shops at the Upper Pontalba, in the heart of New Orleans' French Quarter.



South Louisiana

In this region you'll find the Louisiana capital of Baton Rouge as well as New Orleans — one of the nation's top cultural destinations — and a myriad of historic neighborhoods and buildings that share some of the history of the state. Tying it all together is the Mississippi River, tracing a path for explorers of iconic landscapes and urban attractions.

You'll also hear the buzz of an airboat engine revving, the salty scent of crawfish spices, the beat of a zydeco musician playing his heart out. The southwest part of this region is dominated by coastal swamps and some of the richest fishing waters in the Gulf, with the kinds of attractions you'll find nowhere else in Louisiana. From Grand Isle beaches to Lake Charles casino resorts, there's a world of Louisiana charm awaiting you here.



Old State Capitol

Walk the halls where political history was made at this Louisiana State Museum site in Baton Rouge.



Bayou Segnette



South Louisiana



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Baton Rouge Area

You can still find outdoor adventure in the heart of the city at the BREC Bluebonnet Swamp, which captures the original landscape of this urban center. Get your fill of history, art and culture at the LSU Museum of Art, the West Baton Rouge Museum, the LSU Rural Life Museum, or the Capitol Park Museum. Buckle up for a ride down the False River Historical Trail in Pointe Coupée Parish or go on an outdoor adventure in Tunica Hills Wildlife Management Area.

For dinner, enjoy the city's many dining options and view the sunset over the Mississippi River and the Old State Capitol from the roof of the Shaw Center for the Arts.



LSU Museum of Art

Baton Rouge's only museum dedicated to art features works by local and international artists.

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Cajun Village

Antiques, boutiques, a café and bed-and-breakfast are found in this collection of historical cottages.

River Road Area

Bridging the Baton Rouge and New Orleans areas is Louisiana's Great River Road. Taste your way down the Andouille Trail and learn about this staple of the German Coast. Walk the grounds of Louisiana's plantations and learn of the fortunes made and lives lost. Oak Alley and Houmas House demonstrate the distinct architecture for which these historic locations are famous. Laura Plantation: Louisiana's Creole Heritage Site interprets the experience of the Louisiana Creole. Whitney Plantation focuses on the lives of enslaved men, women and children over the span of 110 years.

Historic Donaldsonville is home to a brick-lined river walk that offers awesome views of the Mississippi, and in Sorrento you'll find the boutique stores of Cajun Village.



Donaldsonville



Whitney Plantation

©Whitney Plantation

RE DISCOVER

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No matter how you like to spend your time outside, Baton Rouge has something for you. With the best parks and recreation system in Sportsman's Paradise, you can reconnect with nature in safe and exciting ways. From hiking in serene outdoor spaces to sightseeing on bike trails around the city, exploring Baton Rouge is fun for the whole family.

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Northshore Area

North of Lake Pontchartrain, visitors find a relaxed pace, with charming small towns and outdoor attractions. Examples include Global Wildlife Center in Folsom, where kangaroos and giraffes roam, and tubing on the Bogue Chitto River. Cycle the Tammany Trace or rent a kayak from Bayou Adventure in Lacombe and explore scenic Cane Bayou.

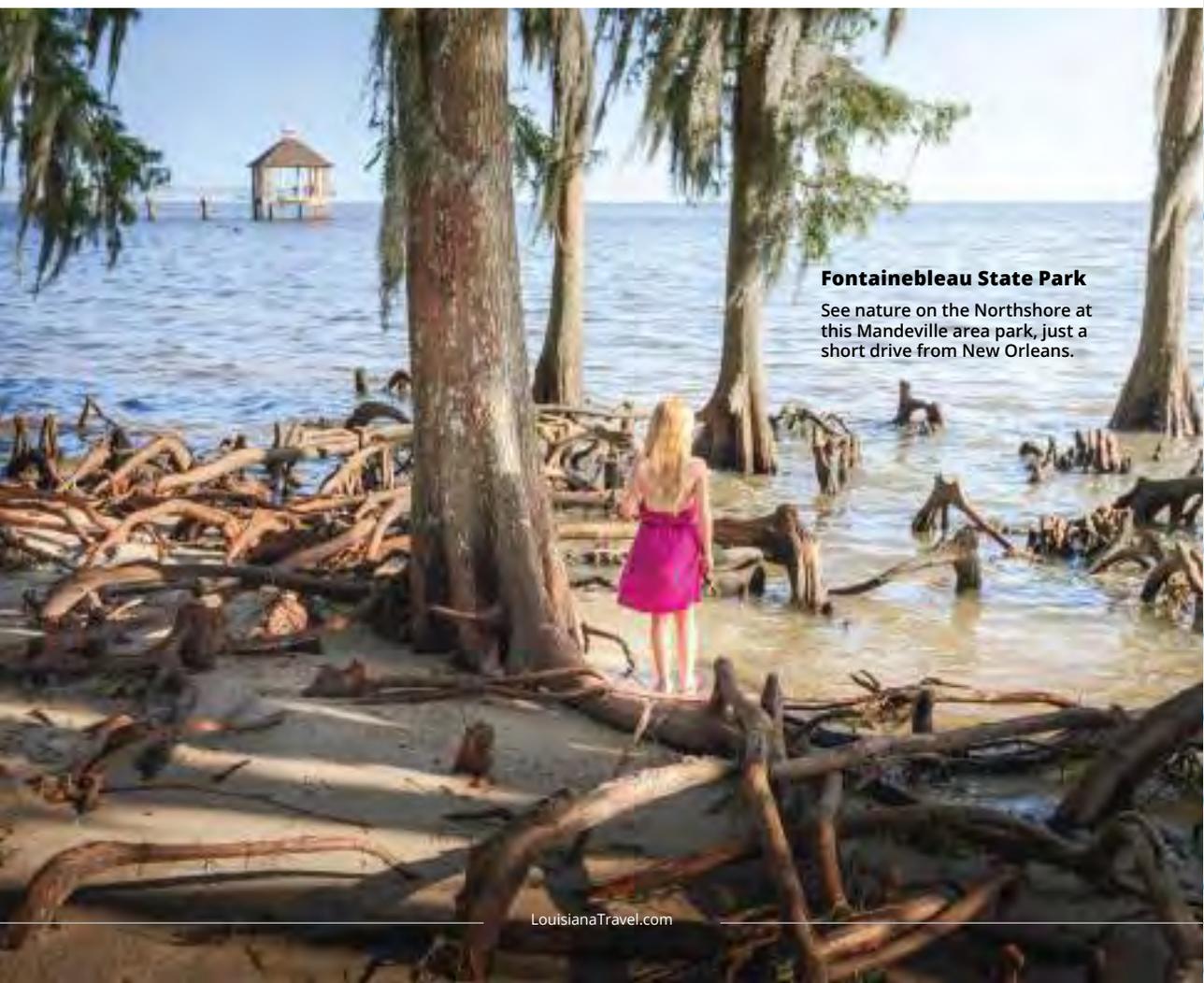
Check out the vibrant, diverse flavors in the culinary scenes of Covington, Mandeville, Slidell and Madisonville, and savor locally grown produce and regional specialties in the area farmers markets. While you're on the Northshore, make time for a tour of Blue Harvest Farms in Bush, or any of the area's other pick-your-own farms.



Covington Farmers Market



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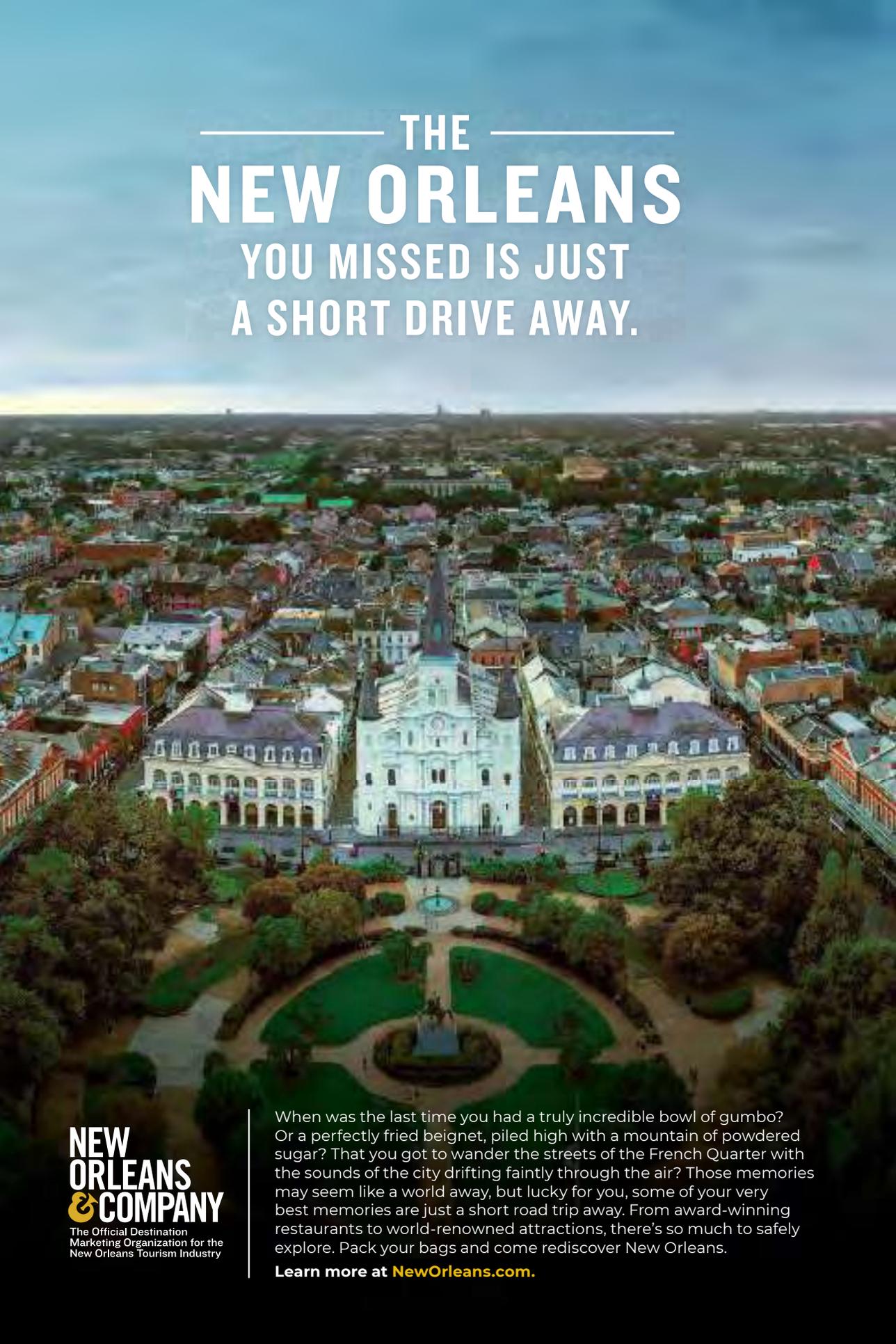
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A CULINARY CALENDAR

LIKE NO OTHER.

In New Orleans, our favorite foods change with the season. We kick off the year with King Cake and crawfish - two culinary staples of Carnival. Indulge in catfish, redfish, and boiled shrimp until the end of Lent. Muffulettas in March, jazz brunchin' through April, and sno-balls all summer long. When September rolls around, oysters are back in town, and temperature drops call for gumbo pots! Not to mention red beans every Monday throughout the year.

We invite you to experience the flavor of New Orleans with a culinary adventure like no other. From longstanding iconic eateries specializing in traditional Cajun and Creole cuisines, to modern fusion restaurants featuring globally-inspired dishes - nobody does dining quite like NOLA.

WITH AN APPETITE

FOR ADVENTURE

TO MATCH.



Our unique neighborhoods are home to endless adventures and possibilities. A streetcar ride along the historic St. Charles Avenue leads to an afternoon at Audubon Zoo. Or trail through Treme, discovering the culture of the Crescent City at the Backstreet Cultural Museum. Soak up the sunset in Mid City for a kayak ride on Bayou St. John.

Close out the day with a horse-drawn carriage ride under the stars at Jackson Square - the heart of the French Quarter.

Whether you're in the mood for just a starter or an entire spread, we've got the activities to curb your appetite for adventure and fun!





The Maison

Hear live jazz here — and at many other bars and venues — on Frenchmen Street in New Orleans.

Greater New Orleans Area

Begin your journey through this famous city in the historic French Quarter, where dishes at Brennan's and Cane & Table give New Orleans its reputation as America's best dining destination. And don't miss our music — on the famous Frenchmen Street.

Find out where the wild things are at the Audubon Nature Institute. Ride the Canal streetcar to see New Orleans' natural side at City Park (home to the New Orleans Museum of Art, family-friendly Carousel Gardens and Botanical Garden).

The National WWII Museum, a Smithsonian affiliate, is one of the top-ranked TripAdvisor attractions in the nation.

Dine your way down the Jefferson Parish Oyster Trail, and fish with one of the dozens of inland and offshore charter boat captains in Jean Lafitte and Barataria.



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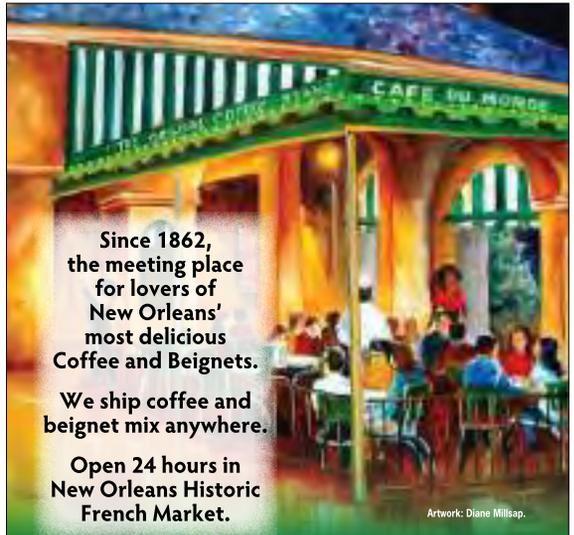


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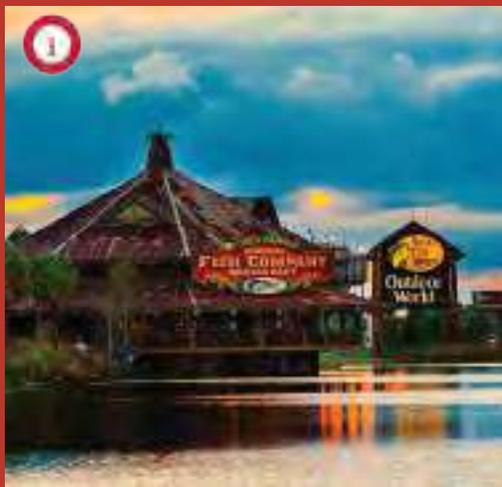


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Lake Charles Area

Lake Charles is a mix of cosmopolitan comforts and backcountry adventure. It's also southwest Louisiana's largest city. Check out Lake Charles' beautiful downtown, Bill's Bar & Burger on the beach at Golden Nugget Lake Charles and L'Auberge Casino Resort.

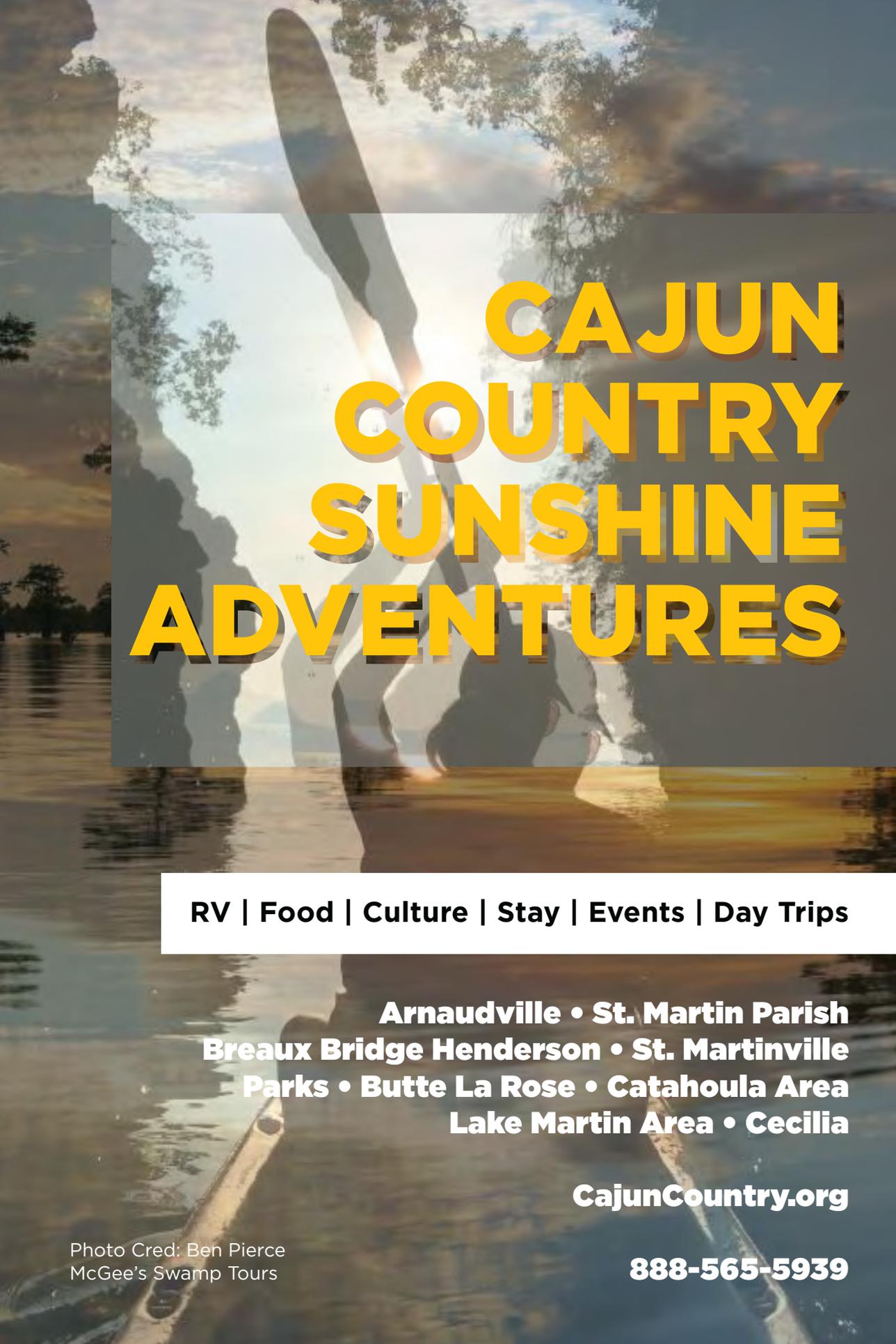
Take time to walk around the city itself. The Imperial Calcasieu Museum celebrates local arts — note the 375-year-old Sallier Oak on the museum's grounds, too — and the nearby Charpentier Historic District is a collection of some spectacular Victorian homes.

Attractions beyond the city limits include the W.H. Tupper General Merchandise Museum and Zigler Art Museum in Jennings, and outdoor outfitters such as Grosse Savanne Lodge.



Zigler Art Museum

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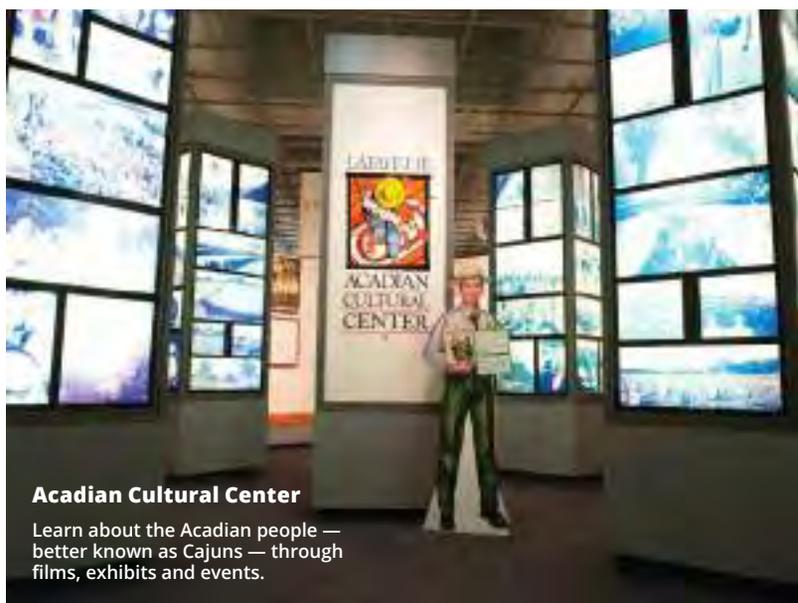


Vermillionville

See relics of the region's Creole, Acadian and Native American pasts at this Lafayette attraction.

Lafayette Area

Lafayette is the capital of Cajun Country, and proudly so. Sink your teeth into Cajun culture at T-Coon's Restaurant, Louisiana Crawfish Time and Johnson's Boucaniere. Follow up your meal with some shopping and public art sightseeing in downtown Lafayette, while walking from the Lafayette Science Museum to the Acadiana Center for the Arts. Learn all about the region's history at the Acadian Cultural Center and Vermillionville Living History Museum and Folklife Park in Lafayette, and, up the road in Opelousas, Le Vieux Village Heritage Park.



Acadian Cultural Center

Learn about the Acadian people — better known as Cajuns — through films, exhibits and events.

LOUISIANA'S BAYOU COUNTRY

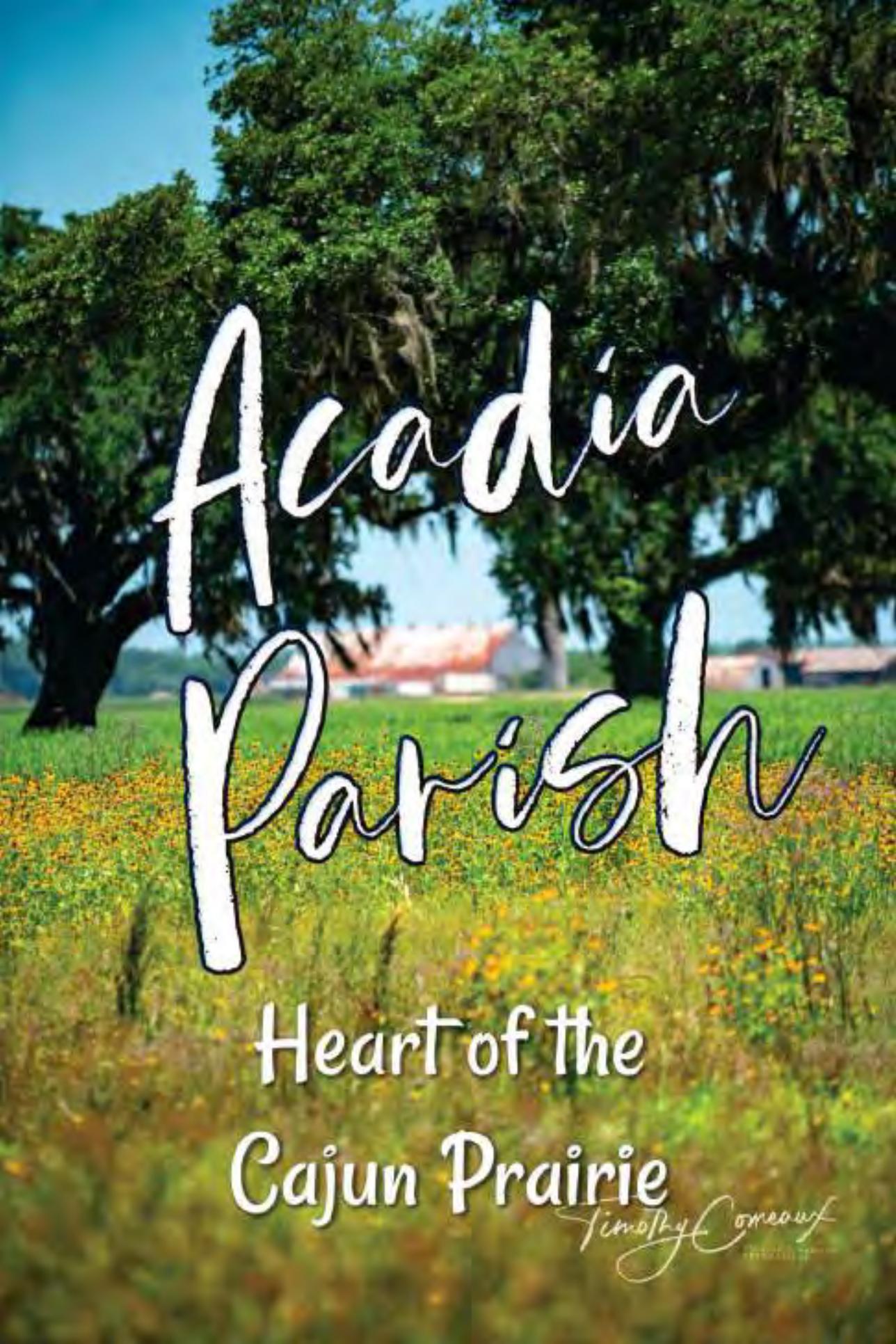



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A scenic view of a Cajun prairie. In the foreground, there is a field of yellow wildflowers. In the middle ground, there are several large, mature trees with dense green foliage. In the background, a building with a red roof is visible under a clear blue sky.

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New Iberia- Morgan City Area

Bayou Teche runs through downtown New Iberia, where you'll find the Bayou Teche Museum, Shadows-on-the-Teche plantation and charming, historic buildings and restaurants. Other blasts from the Cajun past is the Jeanerette Bicentennial Park and Museum and the Wedell-Williams Aviation and Cypress Sawmill Museum in Patterson. In Morgan City you can watch the sun set over the Atchafalaya Swamp, and near the waterfront you'll find cozy restaurants such as Rita Mae's Kitchen. Visit the International Petroleum Museum & Exposition to see "Mr. Charlie" - the first transportable, submersible drilling rig that revolutionized the offshore oil industry.



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& Sawmill Museum**



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Bayou Country Children's Museum

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Houma-Thibodaux-Area

This region is rich in the kind of history and natural beauty you'll only find in South Louisiana. Learn how the area came to be at the E.D. White State Historic Site in Thibodaux, and then see the swamps up close and at their wildest by scheduling a swamp tour with Airboat Swamp Tours — led by RJ Molinere from the History Channel's "Swamp People." The Bayou Country Children's Museum in Thibodaux offers south Louisiana-style family fun. Visit the International Petroleum Museum & Exposition to see "Mr. Charlie" — the first transportable, submersible drilling rig that revolutionized the offshore oil industry.



Airboat Swamp Tours with RJ Molinere

See the swamps up close on an unforgettable air boat ride.

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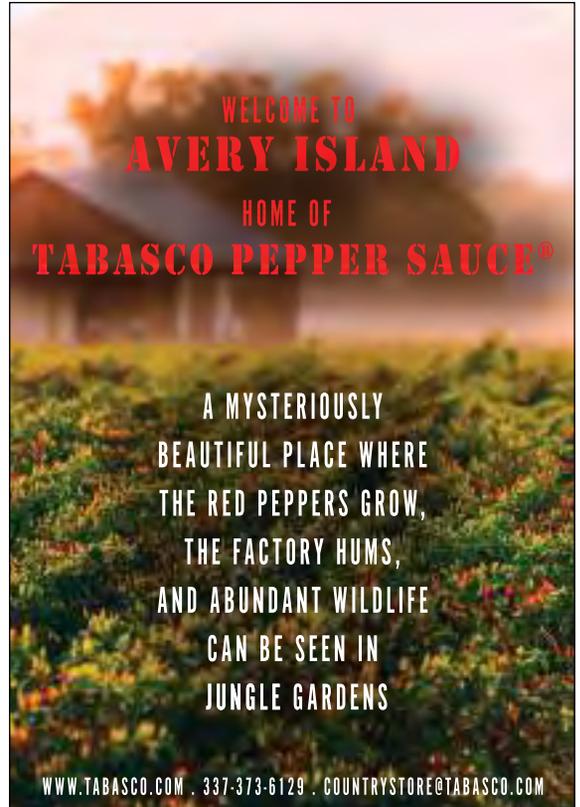


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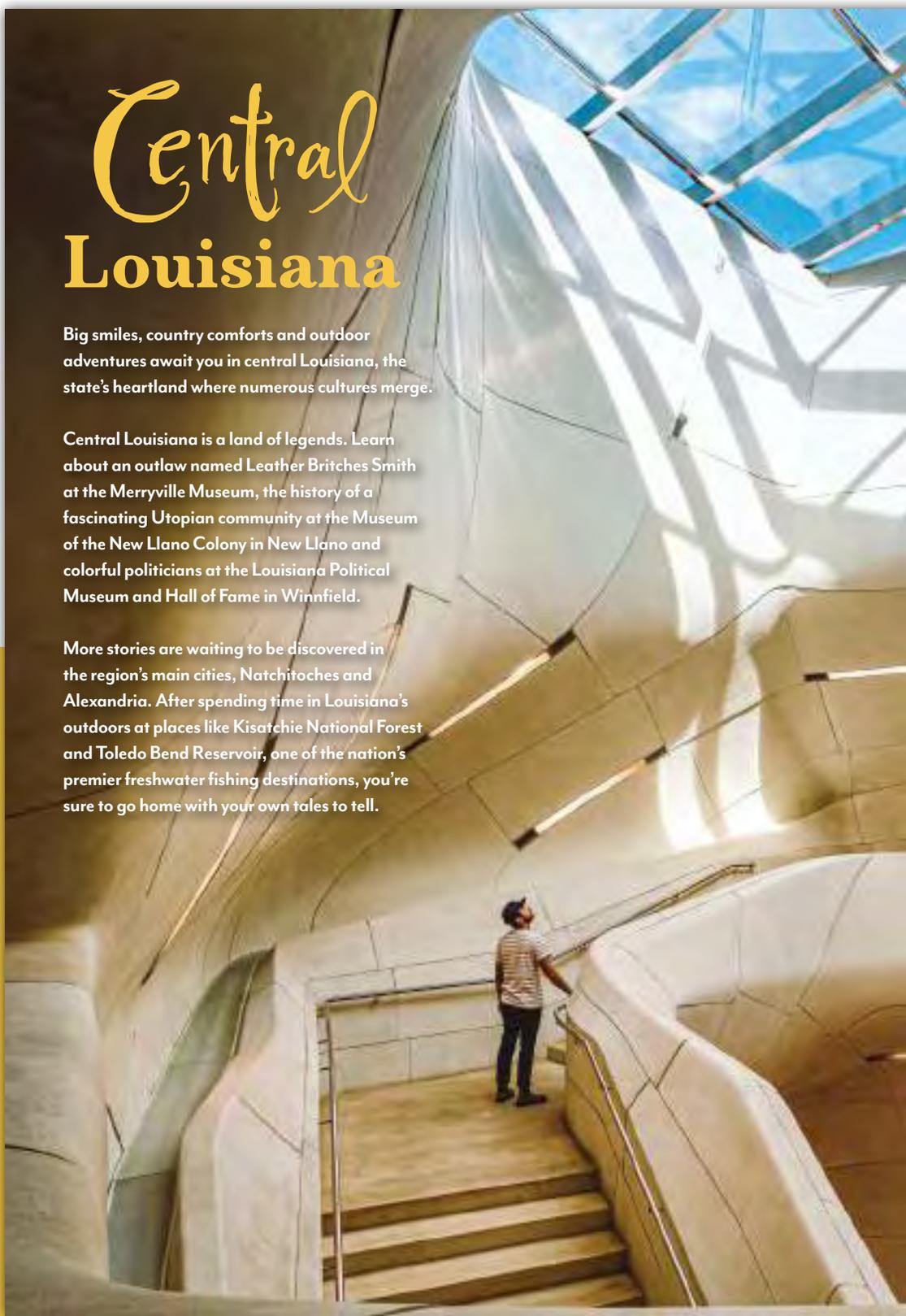
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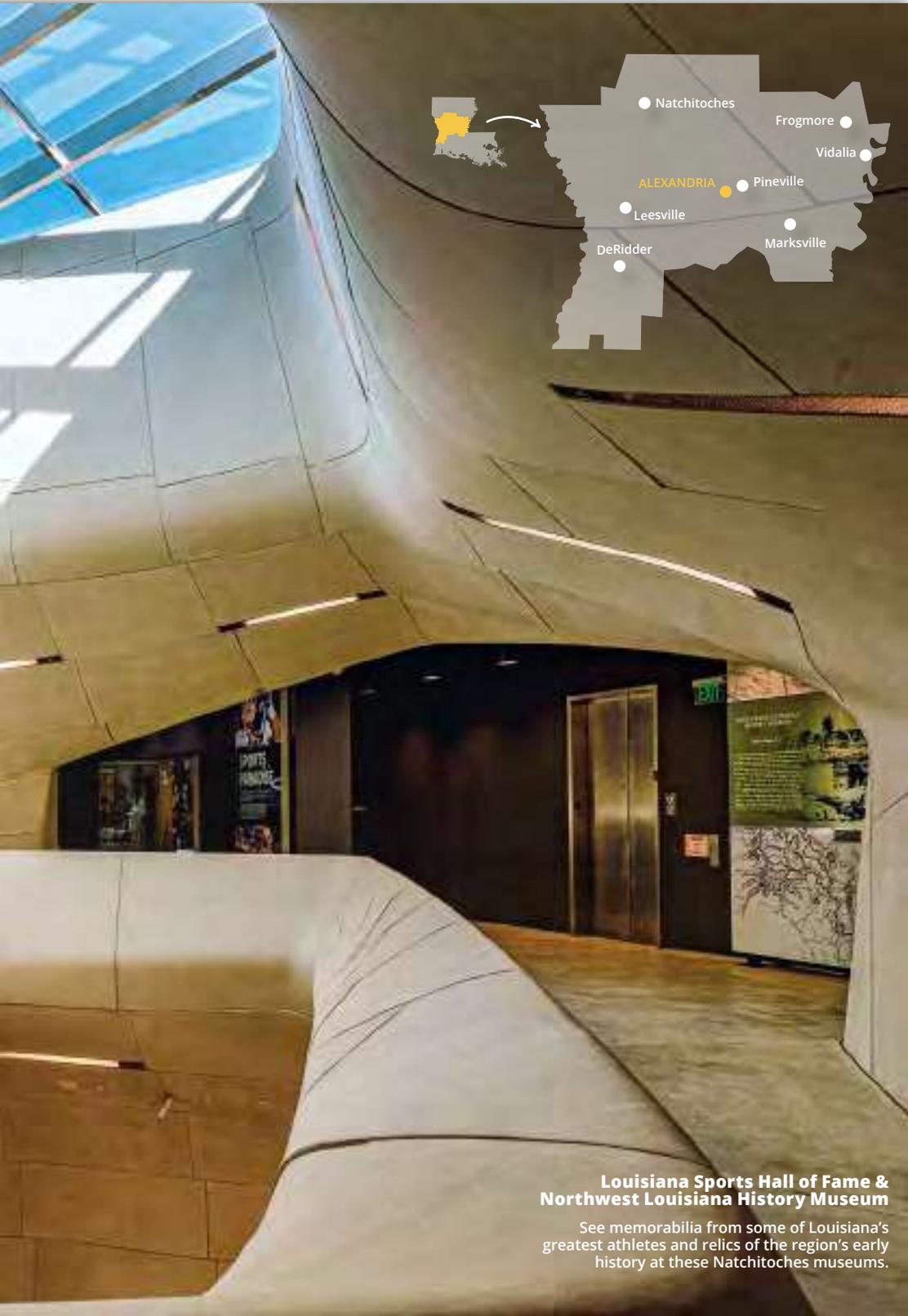
Central Louisiana

Big smiles, country comforts and outdoor adventures await you in central Louisiana, the state's heartland where numerous cultures merge.

Central Louisiana is a land of legends. Learn about an outlaw named Leather Britches Smith at the Merryville Museum, the history of a fascinating Utopian community at the Museum of the New Llano Colony in New Llano and colorful politicians at the Louisiana Political Museum and Hall of Fame in Winnfield.

More stories are waiting to be discovered in the region's main cities, Natchitoches and Alexandria. After spending time in Louisiana's outdoors at places like Kisatchie National Forest and Toledo Bend Reservoir, one of the nation's premier freshwater fishing destinations, you're sure to go home with your own tales to tell.





Louisiana Sports Hall of Fame & Northwest Louisiana History Museum

See memorabilia from some of Louisiana's greatest athletes and relics of the region's early history at these Natchitoches museums.

EASY PACES.

Unwind from the grind of gridlock in historic Natchitoches (Nack-A-Tish), Louisiana, where scenic highways and byways lead to charming places to stay, and green spaces to play. Natchitoches cultivates a pleasant pace, so you can stop the clock, shut off the alerts, pings-and-dings, and just be here now. Enjoy a morning drive along the El Camino Trail, an evening stroll down brick-laden Front Street, or a mellow tour along the Cane River. Live your best and let go of stress while shop-hopping our unique local line-up of boutiques and stores. Mosey along the expansive Cane River area, textured with historic sites and museums. Breathe-Chill-Breathe-Repeat. Peruse our excellent restaurants and find something savory to eat! Natchitoches, Louisiana is no-hustle-no-busle territory, where easy paces and wide-open spaces are a way of life any time of year.

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Toledo Bend-Lake Country Area

Toledo Bend Reservoir is the largest manmade lake in the South and home to outstanding nature preserves including North and South Toledo Bend State Parks. Toledo Bend Lake is also a top fishing destination, and has been named the No. 1 bass fishing lake in the United States by Bassmaster Magazine. Accommodations range from the luxurious hotel suites at Cypress Bend Resort to the rustic lakeside cabins at Bridge Bay Resort; these and other places to stay are found in Many.

Not the outdoorsy type? Pick up a few tamales in Zwolle at EB's Tamale Co. and L&W Tamale House. DeRidder has the First USO & War Room Museum and Lois Loftin Doll Museum.



First USO & War Room Museum



The Rock Chapel in Mansfield



Natchitoches Area

Natchitoches is the first permanent settlement in the Louisiana Purchase territory. Wander throughout its National Historic Landmark District and dine at a restaurant such as Maglieaux's Riverfront Restaurant, located downtown and overlooking the renovated riverfront park. Nearby is Cane River Brewing Co., where locally made beers are served up by the pint. Come hungry: The restaurant next door, Brewhouse Bistro, serves up tasty burgers and pizza.



Maglieaux's Riverfront Restaurant

Natchitoches is famous for its bed-and-breakfasts, as well as its Creole history— learn all about the region's backstories at Cane River Creole National Historical Park, home to Oakland Plantation and Melrose Plantation.

Other important sites include the Adai Indian Nation Cultural Center in Robeline and, for nature enthusiasts, the Caroline Dormon Nature Preserve in Saline.



Oakland Plantation

Melrose Plantation

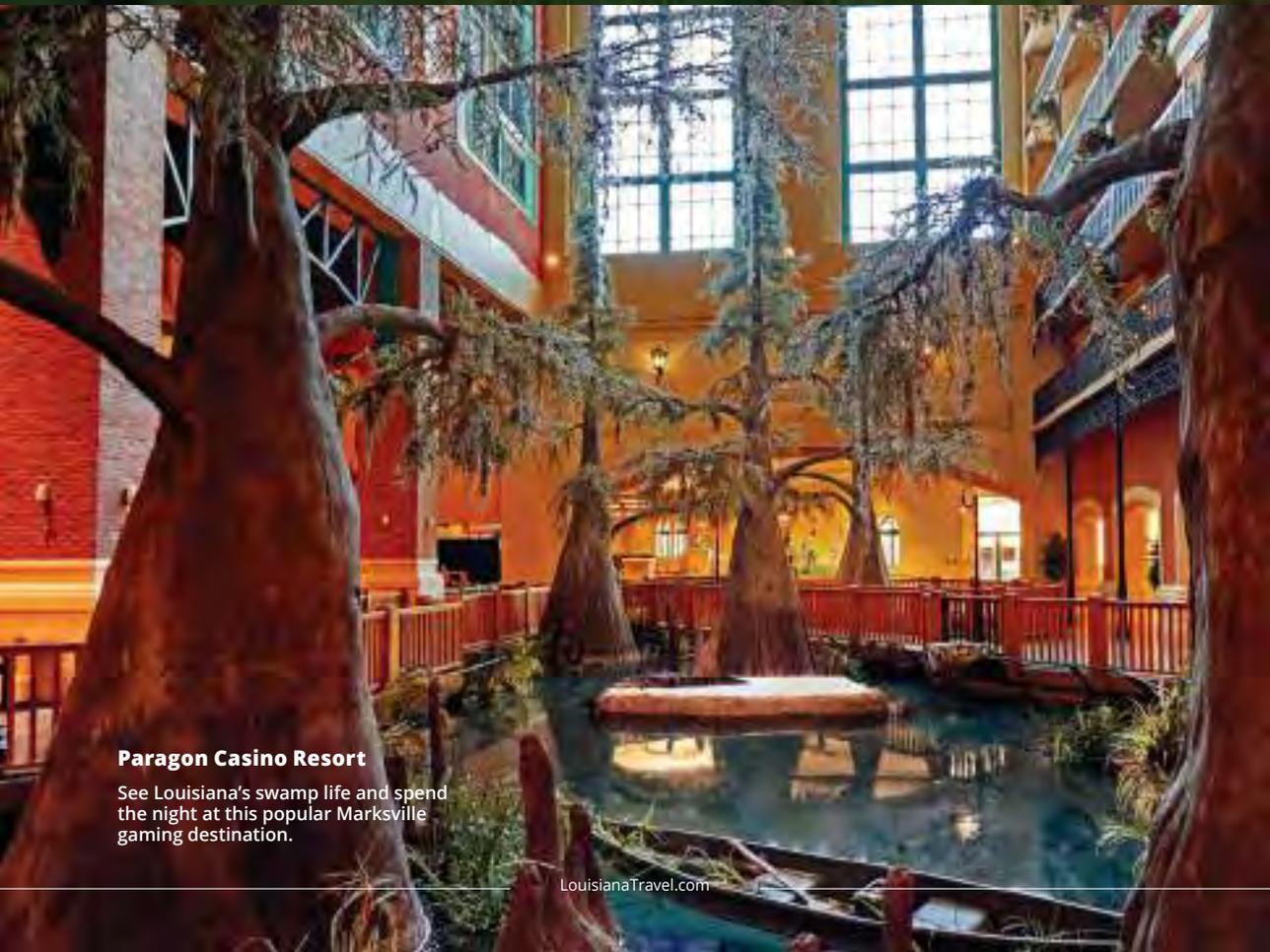
Visit the antebellum plantation where renowned folk artist Clementine Hunter once called home, and see a collection of her murals.



Cane River National Heritage Area

Discover more than 300 years of history at this collection of Natchitoches-area sites.

©Cane River National Heritage Area

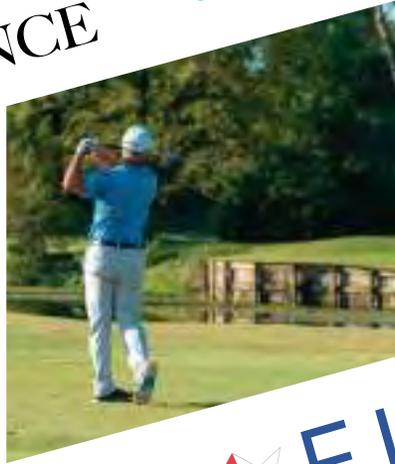
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River Oaks Square Arts Center

This arts center is comprised of galleries and studios for working local artists in Alexandria.

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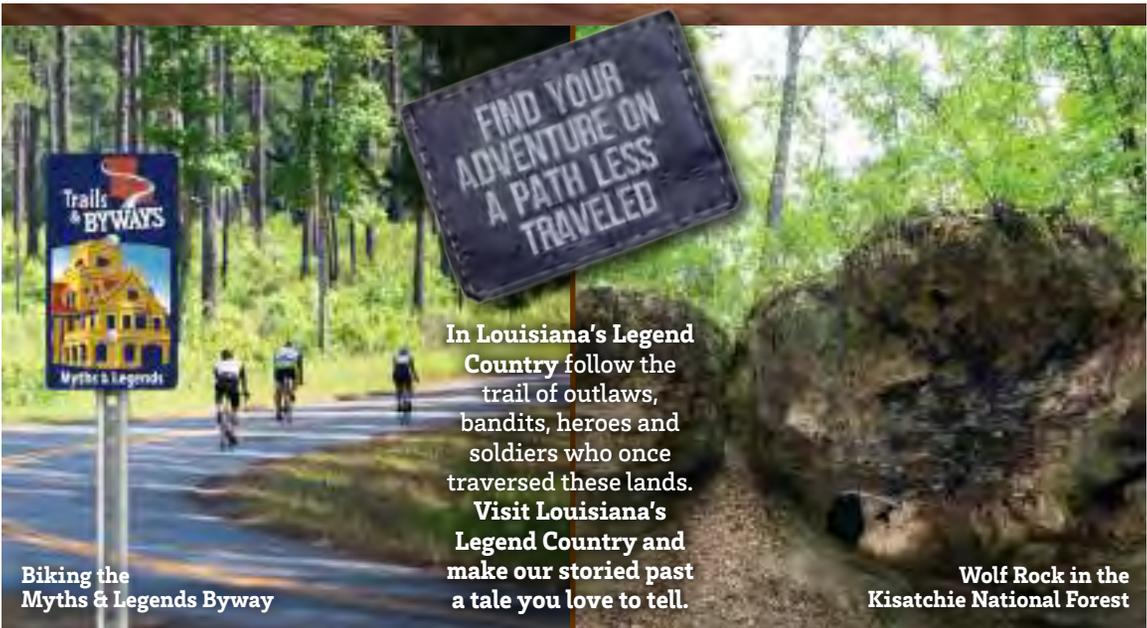
Alexandria Museum of Art

Find works by local artists and those from throughout the South at this downtown Alexandria institution.

Alexandria-Marksville Area

Alexandria, central Louisiana's largest city, offers a ton of fun for active families. For the kiddos there's TREE House; arts enthusiasts have the Alexandria Museum of Art and River Oaks Square Arts Center; history lovers should seek out Kent Plantation House, known as the oldest standing structure in Louisiana.

Farther afield are other regional riches. Some favorites include Hayes E Daze in Forest Hill, which offers horseback rides in Kisatchie National Forest, Marksville gaming destination Paragon Casino Resort, and two Audubon Golf Trail courses, OakWing Golf Club and Tamahka Trails Golf Club. In Ferriday, you can visit Frogmore Plantation & Gins and see a historic 1800s cotton plantation in addition to a working, modern cotton gin.



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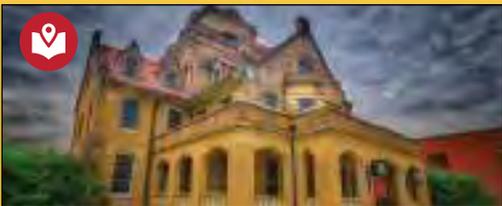
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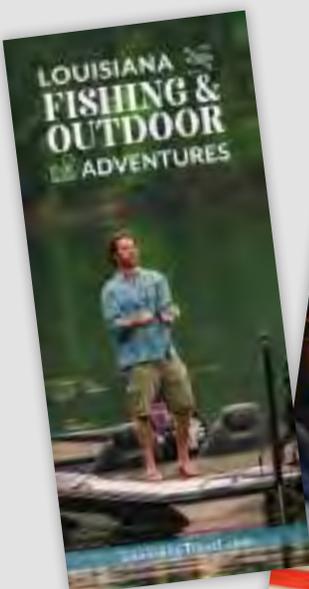




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Poverty Point Reservoir State Park

Get a good night's rest after a day of fishing and an evening of stargazing at this Delhi park.

North Louisiana

Shreveport's motto is "A Great Place to Call Home." Joined at the Red River by Bossier City, it is an awesome introduction to everything that's attractive about the region. Here, you'll find family-friendly attractions, performances by chart-topping acts, casinos, shopping and events galore. And that's just inside the city limits. Throughout the region are scenic state parks, historic sites, wildlife tours and some of the best soul food in the world in cities and towns such as Monroe, Ruston and Minden. North Louisiana is incredibly diverse, and yet all the cities, attractions and, most importantly, local residents share one thing in common: Southern hospitality at its most sincere.





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Lake Bruin State Park

Fish among the bald cypresses — Louisiana's state tree — at this St. Joseph area park.

©LA State Parks

Monroe-Ruston Area

The TV show "Duck Dynasty" introduced the world to northeast Louisiana's characters and landscapes. In fact, you can see some sights from the show in person, beginning at Duck Commander: The Tour in West Monroe. The town personifies old-time Southern life, with an Antique Alley in the Cottonport Historic District. Across the Ouachita River is downtown Monroe, where you'll find restaurants such as Cotton and Big Momma's Fine Foods. Other Monroe area attractions include Black Bayou Lake National Wildlife Refuge and Landry Vineyards.

East of Monroe are rural attractions worth seeking out, such as the Southern Heritage Air Foundation Museum in Richmond and Lake Bruin State Park in St. Joseph.

Ruston is a slice of Louisiana charm, famous for its peaches. Pick up some at Mitcham Farms Peach Store. Get to know downtown Ruston via its 21-block historic district, and peek into the military past at the artifact-filled North Louisiana Military Museum.



Duck Commander: The Tour
@liliana_r_saenz



North Louisiana Military Museum



Mitcham Farms Peach Store
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Downtown Ruston

Walk the streets of Ruston's historic, revitalized downtown.

Chennault Aviation & Military Museum

Learn the histories of high-flying, death-defying aircraft and those who flew them at this Monroe museum.



A photograph of three women standing on a restaurant patio. The woman on the left is wearing a yellow top and a red skirt. The woman in the middle is wearing a bright pink dress. The woman on the right is wearing a white top. They are all smiling and holding drinks. In the background, there is a brick building with a red awning and a guitar hanging on the wall.

BeauxJax Craffhouse

Find the flavors of south Louisiana — crawfish, jambalaya and more — at this Bossier City restaurant and bar.

A photograph of a large, ornate fountain in a garden. The fountain features a central statue of a woman carrying a large basket on her head, with water spraying upwards from the base. The garden is lush with green plants, trees, and yellow flowers. The scene is set in a formal English-style garden.

Biedenharn Museum & Gardens

Lush foliage dominates the formal English-style ELSong Gardens, one of the centerpieces of this Monroe museum.



Great Raft Brewing

Kick back with a pint of local beer at this beloved Shreveport brewery.

Shreveport-Bossier City Area

Shreveport and neighboring Bossier City are abuzz with activities. Something's always brewing in the taprooms at Great Raft Brewing, Flying Heart Brewing and Red River Brewpub, and you just might get lucky at one of the region's casinos—there are plenty of them, including Boomtown Casino & Hotel, Eldorado Resort Casino and the home to the Super Derby, Harrah's Louisiana Downs.

If you're looking to pack up the family for a nice trip, look no further for family-friendly activities. See what's in bloom at the American Rose Center, dive into history at the Shreveport Water Works Museum and peek into the past at the Louisiana State Exhibit Museum. All-ages attractions in the surrounding area include Gators & Friends Alligator Park & Exotic Zoo in Greenwood.



American Rose Center



Gators & Friends Alligator Park & Exotic Zoo
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Featuring interactive exhibits, a 4D cinematic experience, soaring aircraft and more! An experience for all ages, plus live musical entertainment at BB's Stage Door Canteen and dining in The American Sector Restaurant & Bar.

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Visit lariverparishes.com/specialoffers to access special discounts and deals at local restaurants, lodging, tours and attractions. Try authentic gumbo, see historic landmarks and museums or find adventure in the swamps and bayous. Offers will change frequently so visit often to see what's waiting for you down in Louisiana's River Parishes.

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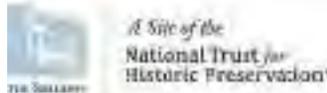
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Purchase online with promo code SUNSHINE.

Not valid with any other discounts, coupons, offers, or special events/programs. Digital and printed coupons valid. Purchase online with promo code SUNSHINE. Expires 12/31/21.



**Eat Food * Have Fun!
Save \$8/person on Any Tour.
All the Food & Fun Included.**

Lafayette
337-230-6169
cajunfoodtours.com

LAFAYETTE

Coupon can be redeemed digitally.
Offer expires 12/31/21.

LOUISIANA SUNSHINE MAGAZINE

Cajun Food Tours

Promo Code: LaSunshine

Hop on our cozy bus or take a stroll to learn the history, love the culture, and eat the renowned cuisine. Preregistration required. Original Cajun Food Tours scheduled Mon - Sat 10am & 2:30pm. Walking Breaux Bridge food tour offered Fri & Sat at 10:30am.

Coupon can be redeemed digitally.
Offer expires 12/31/21.



**\$89/night + Tax on Standard
King or Double Queen Rooms.**

400 E. First St. (LA Hwy. 1), Thibodaux
985-446-0561
thecarmelinn.com

THIBODAUX

Offer based on availability. Some blackout dates may apply.
MUST call hotel directly to book (985-446-0561). Offer expires 12/31/21.

LOUISIANA SUNSHINE MAGAZINE

Carmel Inn & Suites

\$89/night + tax on standard king or double queen rooms.
Includes hot breakfast and WiFi.

Offer based on availability. Some blackout dates may apply.
MUST call hotel directly to book (985-446-0561). Offer expires 12/31/21.



**25% Off Frogmore
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11656 U.S. Hwy. 84, Frogmore
318-757-2453
frogmoreplantation.com

FROGMORE

Digital and home printed coupons redeemable. Offer expires 12/31/21.

LOUISIANA SUNSHINE MAGAZINE

Frogmore Cotton Plantation & Gins

Selected by Rand McNally as a MUST-SEE SITE.

COTTON THEN & NOW TOUR: Extensive Southern history from 1700s–today. 1800 acre working cotton plantation with furnished slave cabins, Smithsonian quality antique steam gin and 19 historical buildings. Modern farming operation & computerized cotton gin.
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ALEXANDRIA

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